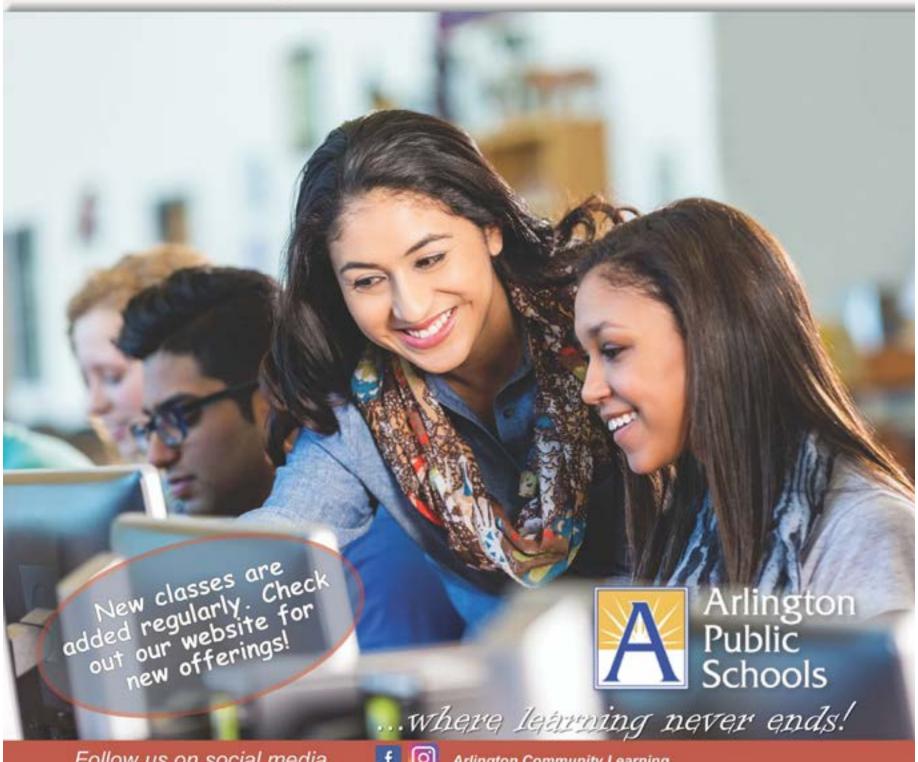
# Arlington Community Learning

Fall 2024 Catalog

Register online at www.apsva.us/acl



# Message from the Superintendent

Dear Arlington Community,

Soon, the days will get shorter, the temperatures cooler and brilliant fall colors will surround us. Along with the beauty of autumn comes the start of a new school year. It is inspiring to see students, teachers, administrators and other school staff come together for another year of academic growth, personal development and new opportunities for success.

Part of our vibrant and inclusive school division includes the Arlington Community Learning Program. Here you will find many course offerings that are made available to our community. These enrichment classes for adults include foreign languages, computer, cooking, financial planning, do-it-vourself home repairs, art, music classes and many more. Additionally, a variety of after-school enrichment classes are offered to elementary, middle and high school students as well.

I encourage you to look through this catalog and register for a class that interests you. If you do not find what you are looking for in the course catalog, please email us at aclregistration@apsva.us to suggest a course.

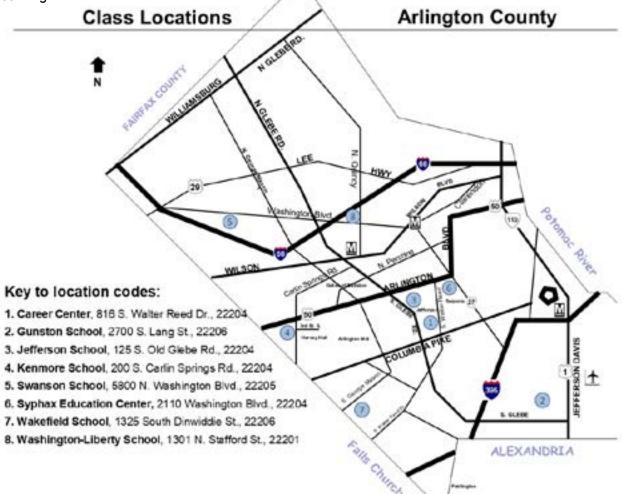
We wish you a wonderful fall of discovery and learning!

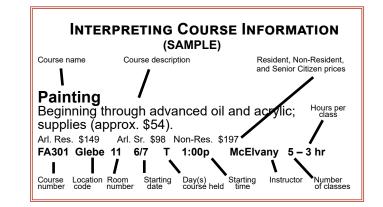
Dr. Francisco Durán, Superintendent Arlington Public Schools

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# **Arlington Community Learning**

# Choose the right foreign language class

# Beginning 1

This course is for beginner students without any knowledge of the language. Course includes basic elements of grammar, vocabulary, oral skills, listening comprehension, and small amount of reading and writing.

# Beginning 2

Prerequisite: Beginners 1 or equivalent knowledge. This class is a continuation of Beginners I and is designed for students with some knowledge of the language. Course will focus on elements of grammar, building vocabulary, pronunciation, listening comprehension, and reading and writing.

# Beginning 3

Prerequisite: Beginners 2 or equivalent knowledge. A continuation of Beginners 2. This course is designed to expand grammar and vocabulary. Class focus on developing conversation skills through oral and written exercises on a variety of topics.

### Intermediate 1

Prerequisite: Beginners 3 or equivalent knowledge. A continuation of Beginners 3. This course will continue to expand your vocabulary and improve your grammar skills. More emphasis will be placed on conversation skills through oral and written exercises on a variety of topics.

# Intermediate 2

Prerequisite: Intermediate 1 or equivalent knowledge. A continuation of Intermediate 1. This course is primarily taught in the foreign language with some English. Course will focus on more fluid conversation skills. Reading, writing and oral exercises in the foreign language will be practiced.

### Indemnedials

Prerequisite: Intermediate 2 or equivalent knowledge. A continuation of Intermediate 2. This course is taught in the foreign language. Course will focus on more fluid conversation skills. Reading, writing and oral presentations in the foreign language will be practiced.

### Conversation

Designed for fluent speakers. Emphasis will be on oral and reading skills. Translation, some writing, conversation, and vocabulary will be covered. Class will be conducted in the foreign language.

# Foreign Languages

See page 19 for information on purchasing your textbook.

#### Arabic - Beginning 1

Required text: Alif Baa - Introduction to Arabic Letters and Sounds, Third Edition, and Companion Website. ISBN-10: 1626161224 Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235

**FLAR01** Online 09/18 Wed 6:30p El-Hakim 8 - 2 hr

#### Arabic - Beginning 3

Required text: Al Kitaab ISBN: 13: 978-1589017368 (This book may be purchased new through the registration office for \$50) Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 FLAR03 Online 09/19 Thu 7p Haddad 8-2 hr

Arabic - Intermediate 5

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 FLAR15 Online 09/19 Thu 1p El-Hakim 8 - 2 hr

#### **Arabic - High Intermediate**

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 FLAR20 Online 09/18 Wed 7p Haddad 8 - 2 hr

#### **Chinese Mandarin - Beginning 1**

Required text: Integrated Chinese: Simplified Characters Textbook, Level 1, Part 1 (English and Chinese Edition) 3rd Edition, ISBN 13 978-0887276385. Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 **FLCH01** Online 09/16 Mon 7p Han 8 - 2 hr

#### French - Beginning 1

Required text: Practice Makes Perfect: Basic French. ISBN 13: 978-1264257317. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275

FLFR01A Syphax 113 09/04 Wed 10a Chase 10 - 2 hr 
 FLFR01B
 Online
 09/11
 Wed
 6:30p
 O'Neil
 10 - 2 hr

 FLFR01C
 W-L 2013
 09/17
 Tue
 6:30p
 Baader
 10 - 2 hr

#### French - Beginning 2

Required text: Practice Makes Perfect: Basic French, ISBN 13: 978-1264257317.

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLFR02A W-L 1011 09/12 Thu 6:30p Chase 10 - 2 hr

FLFR02B Online 09/18 Wed 1p Mattioli 10 - 2 hr

### French - Beginning 3

Required text: French Verb Tenses ISBN 978-1-4380-0290-3. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLFR03A W-L 2212 09/17 Tue 6:30p Bouachir 10 - 2 hr FLFR03B Online 09/18 Wed 10a Mattioli 10 - 2 hr

#### French - Intermediate 1

Required text: Practice Makes Perfect: Complete French All-in-One ISBN-13: 978-1260121032.

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLFR11 W-L 2018 09/19 Thu 7p Staff 10 - 2 hr

#### French - Intermediate Conversation Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235

FLFR85 Online 09/17 Tue 7p Stuart 8-2 hr

All Arlington Community Learning classes are for students ages 18+, unless otherwise indicated. Youth Enrichment classes for children are found on pages 15 & 16.

### French - Advanced Conversational

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 FLFR19 Online 09/17 Tue 10a Stuart 8 - 2 hr

#### French Pronunciation Workshop 1

See online for course description Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149 FLFR41 Online 10/10 Thu 10a Mattioli 4 - 2 hr

#### French Pronunciation Workshop 2

See online for course description. Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149 FLFR42 Online 11/07 Thu 10a Mattioli 4 - 2 hr

#### German - Beginning 1

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 FLGM01A W-L 2016 09/19 Thu 7p Stewart 8 - 2 hr FLGM01B Syphax 113 10/02 Wed 1p Graham 8-2 hr

#### German - Beginning 2

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 **FLGM02** W-L 2018 09/17 Tue 6:30p Graham 8 - 2 hr

### German - Beginning 4/5 Combo

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 FLGM95 Online 09/19 Thu 6:30p Graham 8 - 2 hr

#### German Basic Conversation

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 FLGM20 W-L 2018 09/18 Wed 6:30p Graham 8 - 2 hr

#### Italian - Beginning 1

Required text: New Italian Espresso ISBN 978-8861827240. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLIT01A Syphax 171 09/13 Fri 10:30a Coppi 10 - 2 hr FLIT01B Online 09/26 Thu 6p Sibilla 10 - 2 hr FLIT01C W-L 2024 10/02 Wed 6:30p Piazza 10 - 2 hr

#### Italian - Beginning 2

Required text: New Italian Espresso ISBN 978-8861827240. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLIT02A Syphax 113 09/12 Thu 10:30a Coppi 10 - 2 hr FLIT02B Online 09/24 Tue 6p Sibilla 10 - 2 hr

#### Italian - Beginning 4

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 **FLIT04** Syphax 126 10/01 Tue 1p Bucelli 10 - 2 hr

Italian - Intermediate / Advanced Conversation Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLIT19 Online 10/10 Thu 6p Bucelli 10 - 2 hr

#### Latin for Beginners

Textbook included in the cost of the tuition. Arl. Res. \$195 Arl. Sr. \$185 Non-Res. \$205 FLLT01 W-L 2019 10/08 Tue 6:30p Thomas 6 - 2 hr

# Ancient Greek for Beginners Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

**FLGR01** Syphax 150 10/30 Wed 6:30p Staff 6 - 2 hr

#### Japanese - Beginning 1

Required text: Genki Textbook 1, 3rd Edition ISBN 978-4789017305 and Genki Workbook 1. 3rd Edition ISBN 978-4789017312

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLJP01 Online 09/17 Tue 7p Takamatsu 10 - 2 hr

#### Japanese - Beginning 2

Required text: Genki Textbook 1, 3rd Edition ISBN 978-4789017305 and Genki Workbook 1. 3rd Edition ISBN 978-4789017312

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLJP02 Online 09/18 Wed 7p Takamatsu 10 - 2

Japanese - Beginning 3 Required text: Genki Textbook 1, 3rd Edition ISBN 978-4789017305 and Genki Workbook 1, 3rd Edition ISBN 978-4789017312

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLJP03 Online 09/11 Wed 7p Swanson 10 - 2 hr

### Japanese - Beginning 6

Required text: Genki Textbook 1, 3rd Edition ISBN 978-4789017305 and Genki Workbook 1, 3rd Edition ISBN 978-

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 **FLJP06** Online 09/19 Thu 7p Swanson 10 - 2 hr

#### Japanese - Intermediate 1

Required text: Genki Textbook 2, 3rd Edition ISBN 978-4991236426 and Genki Workbook 2, 3rd Edition Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLJP11 Online 09/17 Tue 7p Endo 10 - 2 hr

#### Korean - Beginning 1

Required text: I Love Korean ISBN: 10-8952128745 and workbook, I Love Korean ISBN: 10-8952128753. Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 FLKR01 W-L 2019 09/09 Mon 6:30p Ji 8 - 2 hr

#### Korean - Beginning 2

Required text: I Love Korean ISBN: 10-8952128745 and workbook, I Love Korean ISBN: 10-8952128753. Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 FLKR02 W-L 2219 09/23 Mon 6:30p Staff 8 - 2 hr

#### Korean - Beginning 3

Required text: I Love Korean Book 2 ISBN: 10-895128761 and workbook, LL ove Korean Workbook 2 ISBN: 10-895212877X Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 FLKR03 W-L 2019 09/18 Wed 6:30p Kim 8 - 2 hr

#### Korean - Beginning 4

Required text: I Love Korean Book 2 ISBN: 10-895128761 and workbook, I Love Korean Workbook 2 ISBN: 10-895212877X. Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 FLKR04 W-L 2019 09/19 Thu 6:30p Kim 8 - 2 hr

#### Portuguese - (Brazilian) Beginning 1

Required text: Falar...Ler...Escrever...Portugues ISBN: 10:3125283337. Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189 FLPR01 Online 10/07 Mon 6:30p Mattioli 6 - 2 hr

#### Russian - Beginning 1

See online description for textbook information. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLRS01A Online 09/17 Tue 6:30p Scheuchenzuber 10 - 2 hr **FLRS01B** Online 09/21 Sat 10:30p Vassikova 10 - 2 hr

#### Russian Beginning 2

See online description for textbook information. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLRS02 Online 09/13 Fri 7p Scheuchenzuber 10 - 2 hr

#### Russian Intermediate

See online description for textbook information. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLRS08 Online 09/12 Thu 7p Scheuchenzuber 10 - 2 hr

#### Spanish - Beginning 1

Required text: Learn Spanish for Adult Beginners ISBN: 13:979-8851014079 Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLSP01A W-L 2019 09/10 Tue 6:30p Diaz 10 - 2 hr **FLSP01B** Online 09/12 Thu 7p Guzman 10 - 2 hr FLSP01C Syphax 126 09/18 Wed 10:30a Sarmiento 10 - 2 hr

#### Spanish - Beginning 2

Prerequisite: Beginners I or equivalent knowledge. Required text: Dicho y Hecho 7th Edition . ISBN-10: 0471268860. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLSP02B Online 09/11 Wed 7p Contreras 10 - 2 hr **FLSP02C** W-L 2213 09/12 Thu 7p Sarmiento 10 - 2 hr FLSP02A Syphax 126 09/13 Fri 10:30a Sarmiento 10 - 2 hr

### Spanish For Medical Professionals

FLSP40U Online Starts 09/03, ends on 11/01 - Weekly Assignments

#### Spanish - Beginning 3

Required text: Dicho y Hecho 7th edition . ISBN-10: 0471268860. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275

FLSP03A W-L 2013 09/12 Thu 7p Castellanos 10 - 2 hr FLSP03B Online 09/17 Tue 6:30p Contreras 10 - 2 hr FLSP03C Syphax 171 09/24 Tue 10a Miguez 10 - 2 hr

#### Spanish - Intermediate 1

Required text: Dicho y Hecho, 7th Edition. ISBN 10:0471268860. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 **FLSP11B** Syphax 126 09/12 Thu 1p Stryker 10 - 2 hr

FLSP11A W-L 2024 09/17 Tue 7p Castellanos 10 - 2 hr

### Spanish - Intermediate 2

Required text:Dicho y Hecho, 7th Edition. ISBN-10: 0471268860. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLSP12 Syphax 126 09/11 Wed 1p Stryker 10 - 2 hr

#### Spanish - Intermediate 3

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLSP13 Syphax 117 09/20 Fri 10:30a Contreras 10 - 2 hr

#### Spanish Conversation

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 **FLSP15** Online 09/11 Wed 6:30p Nova 10 - 2 hr

#### **Spanish - Advanced Conversation**

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLSP23 Syphax 126 10/01 Tue 10a Bucelli 10 - 2 hr

#### Spanish Grammar Workshop 1

Prerequisite: Spanish Beginning - Level 1 or Level 2. To speak a language correctly, it's important to know that grammar. This class is designed specifically with that purpose in mind. You will review the conjugation of verbs, practice basic conversation, build vocabulary and review grammar skills.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

 FLSP31A
 Online
 10/22
 Tue
 6:30p
 Guzman
 4 - 2 hr

 FLSP31B
 Syphax
 113
 10/24
 Thu
 1p
 Diaz
 4 - 2 hr

#### Spanish Pronunciation Workshop 1

Proper pronunciation is critical when speaking a language. Through the study and reading aloud of texts selected from news articles, poems and short stories, the instructor will provide you with the strategies to improve your Spanish pronunciation. Prerequisite: Spanish Beginning 2.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149 FLSP41A W-L 2010 09/19 Thu 6:30p Diaz 4 - 2 hr FLSP41B Syphax 126 09/19 Thu 10a Miguez 4 - 2 hr

#### Turkish - Beginning 1

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 **FLTK01** Online 09/11 Wed 6p Kalis 10 - 2 hr

#### Turkish - Advanced

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 **FLTK18** Online 09/10 Tue 6p Kalis 10 - 2 hr

### Turkish - Advanced Conversation

Arl Res \$105 Arl Sr \$95 Non-Res \$115 FLTK20 Online 12/03 Tue 6p Kalis 3 - 2 hr

#### **Ukrainian- Beginning 1**

See online description for textbook information. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLUR01 Online 09/16 Mon 7p Scheuchenzuber 10 - 2 hr

#### **Ukrainian- Beginning 2**

See online description for textbook information. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLUR02 Online 09/18 Wed 7p Scheuchenzuber 10 - 2 hr

#### **Ukrainian- Beginning 3**

See online description for textbook information. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275 FLUR03 Online 09/17 Tue 7p Scheuchenzuber 10 - 2 hr

#### **Survival Vietnamese for Travelers**

Are you interested in the Vietnamese language or planning on traveling to Vietnam? If yes, then this is the class for you. Your native speaking instructor will help you discover this beautiful language by introducing you to common greetings, hotel reservations, restaurants and directions. Arl. Res. \$109 Arl. Sr. \$99 Non-Res. \$119

FLVI98 Syphax 150 10/21 Mon - Thu 10a Huynh 4 - 2 hr

#### Chocolate Pecan Pie

Impress family and friends at Thanksgiving this year with a new twist on a traditional pie. We will combine the sweetness of chocolate with the unique flavor of pecans to make a unforgettable treat. While the pie bakes, discover some nobake pie alternatives. So good! This is a hands-on class with ingredients and recipe that can easily be duplicated from home. Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75 CN126 Syphax 113 11/06 Wed 6:30p Farnam 1 - 2 hr

### **Buttermilk Biscuits**

Learn how to make fluffy and flaky buttermilk biscuits. In this class. Chef Lada will show the proper ingredients and techniques to make this classic Southern staple. Who needs a biscuit in-a-can when you can have homemade biscuits on the table in 30 minutes! Menu: Sweet Potato Rosemary Biscuits: Pimento Cheese Mini-Biscuits: Classic Buttermilk Biscuits. Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

CN152 Syphax 113 11/18 Mon 6:30p Mnatsakanova 1 - 3 hr

#### French Macarons

Impress your friends and family by bringing homemade macarons to your next event! In addition to proper piping techniques, students will learn how to make Italian merinque buttercream and chocolate ganache for the fillings. We will go over how to best represent flavor pairings for each cookie

Arl. Res. \$75 Arl. Sr. \$65 Non-Res. \$85 CN187 Syphax 113 09/24 Tue 6:30p D'Errico 1 - 2.5 hr

#### Scones, Quiche & Coffee

Learn how to make homemade quiche and scone varieties from start to finish. In between, home coffee brewing techniques such as the AreoPress, the Hario v60, and the chemex will be demonstrated. A coffee cupping with breakfast will be enjoyed at the end of class.

Arl. Res. \$75 Arl. Sr. \$65 Non-Res. \$85 CN189 Syphax 113 10/22 Tue 6:30p D'Errico 1 - 2.5 hr



### A How-to on Tofu

Learn about the different types of tofu commonly available in grocery stores and the ways in which tofu is similar to, and different from, its other soy food cousins (tempeh, soy milk, soy curls, TVP, and edamame). You will make marinades and dressings to add flavor and work with the tofu in different ways to change its texture. Along the way, you'll prepare some veggies and a couple of quick cooking grains, so that by the end of class you will have the building blocks of a meatless mix-and-match meal.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 CN195 Syphax 113 10/22 Tue 6:30p Kaplan 1 - 3 hr

#### Stir Fry Delight

Stir frying is a fast and healthy way to cook. Bite-sized pieces of meat and vegetables are thrown into a very hot pan and cooked in just a few minutes. Learn the basics of this indispensable technique, including the best way to cut food and sequence their cooking so everything comes together for a complete meal. You will also learn the basics of wok cookery, and how to combine Asian condiments to form sauces that will compliment your stir fry ingredients. Upon completion, you'll understand how to use this versatile technique for a variety of stir fries using an easy-tofollow method.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 CN193 Syphax 113 12/02 Mon 6:30p Hine 1 - 3 hr

### Building Flavor With Roasted Vegetables – **Autumn Edition**

Discover the culinary magic of roasting vegetables to add depth and dimension to your home-cooked meals. Applied strategically, roasting is a fuss free way to: concentrate flavors; enhance the natural sweetness of foods; soften foods or, alternatively, add a crispy texture. Learn how to select, prepare, season and roast vegetables -- whether starting from fresh or frozen. Work with a variety of in-season vegetables in class and make them burst

Arl. Res. \$125 Arl. Sr. \$115 Non-Res. \$135 CN229 Syphax 113 10/15 Tue 6:30p Kaplan 1 - 5 hr

# Four Roman Sauces for Cooking

When in Rome, do as the Romas do. The Roman cuisine tradition is one of the best known in the world. Come and discover the most famous pasta sauces from Rome, which are made with the combination of no more than four ingredients. Learn to prepare Cacio e Pepe (Cheese and Pepper), Carbonara, Gricia and Amatriciana sauce, without having to overstock your pantry. The recipes are easy, quick and the taste is amazing. Ages 18+

**Arlington Community Learning** 

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75 CN241 Syphax 113 10/16 Wed 6:30p Piazza 1 - 2 hr

#### Knife Skills Workshop

Ever wonder how those chefs on TV chop so fast and uniformly? Want to learn how to correctly hold a knife and make simple specific cuts that recipes ask for? Bring one or two of your kitchen knives to class and your instructor will show you how! Learn how to properly chop, slice, dice, and chiffonade from an experienced chef and dietitian! You'll be dicing onions like a pro in no time. Ages 18+

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75 CN256A Syphax 113 10/23 Wed 6p Reilly 1 - 2 hr CN256B Syphax 113 12/11 Wed 6p Reilly 1 - 2 hr

#### Tempting Italian Desserts

Italian "dolci" vary significantly from region to region. Just a few bites of sweetness is the perfect ending to any meal, traveling from tiramisu' to cantucci, from apple strudel to panna cotta. We will even include some specialty hot chocolate? Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

**CN274** Syphax 113 11/14 Thu 6:30p De Bernardinis 1 - 3 hr

### North Indian Minced Turkey and Chickpeas

Interested in Indian cooking? Here's your chance to explore the delicious flavors of India. Let India native Mother-daughter duo teach you how to make the north Indian family favorite dish of Keema with minced Turkey and green peas with the worldwide nutritious dish of Indian Chickpeas. These Indian dishes are flavorful and rich with Indian spices. Come and learn and then eniov a freshly cooked meal in class.

Arl. Res. \$115 Arl. Sr. \$105 Non-Res. \$125 **CN416** Syphax 113 10/19 Sat 9am Bhatnagar 1 - 3 hr

# Chicken Curry & Potato with Green Beans

Take a culinary journey and explore the delicious flavors of India. Let India native Mother-daughter duo teach you how to make the north Indian dish of Green Beans and Potatoes with the worldwide favorite dish of Indian Chicken Curry. These Indian dishes are bursting with flavor. Come and learn and then enjoy freshly cooked meal in class.

Arl. Res. \$115 Arl. Sr. \$105 Non-Res. \$125

**CN417** Syphax 113 11/16 Sat 9am Bhatnagar 1 - 3 hr

#### **Easy Recipes Using Ricotta**

Ricotta cheese is one of those cheeses that almost everybody has eaten. It has a distinct flavor, especially the homemade one, and texture that lends it itself to so many recipes. Spaghetti and ricotta, tuna/salmon and ricotta balls, homemade ricotta, apple and ricotta fritters, and cannoli filling will be made in class. Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99

CN276 Syphax 113 12/10 Tue 6:30p De Bernardinis 1 - 3 hr

#### **Mediterranean Appetizers**

Mediterranean appetizers are just as delicious as the main dish. You'll prepared fresh Italian bruschetta, savory hummus, French olive tapenade and delicious fennel salad. See you in class. Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95 CN295 Syphax 113 11/04 Mon 6:30p Mnatsakanova 1 - 3 hr

#### **Mediterranean Cooking**

Spend two evenings discovering the health benefits of Mediterranean cooking and diet. You will explore cooking from the shores of Greece to Tunisia and learn what folks there have known for centuries about fine dining and the true value of foods.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139 **CN297** Syphax 113 10/14 Mon 6:30p Mnatsakanova 2 - 3 hr

#### **Neapolitan Style Pizza**

Most agree that Napoli Italy is the birthplace of pizza. Come and enjoy this authentic pizza making class, where you will make traditional this crust pizza such as the Margherita made with fresh basil, the Diavola prepared with spicy sausage and the famous pizza Prosciutto made with cooked ham and creamy mozzarella. Ages 18+

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95 CN324 Syphax 113 10/02 Wed 6:30p De Bernardinis 1 - 3 hr

#### Italian Tagliere Charcuterie Board

Learn how to assemble a beautiful and delicious Italian style charcuterie board. Burrata cheese, prosciutto or speck around the cheeses ,grapes and tomatoes, and other antipasti will be prepared in our hand-on class. Each participant will receive a wood board to create their display and take home to enjoy! Arl. Res. \$99 Arl. Sr. \$89 Non-Res. \$109

CN325A Syphax 113 11/20 Wed 6:30p De Bernardinis 1 - 3 hr **CN325B** Syphax 113 12/10 Tue 11a De Bernardinis 1 - 3 hr

#### International Chicken

Do something new with the chicken you prepare. Learn to make a popular dish in Indonesia called (Ayam Panggan), which is seasoned just right with a little spicy kick. Then we'll cook Irish chicken prepared with mustard, black pepper, tarragon and other spices. We'll finish with Mexican chicken fajitas prepared with onions, green peppers, all on a warm tortilla. Ages 18+ Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105 **CN434** Syphax 113 11/25 Mon 6:30p Mnatsakanova 1 - 3 hr

#### Chicken Tikka Masala

Learn to prepare this classic Indian dish by preparing tender chunks of chicken marinated in delicious tomato based sauce. Turmeric, cumin, garam masala and other spices will be added to this amazing culinary experience. We will end our class with a nice dinner. Ages 18+

CN435 Syphax 113 12/09 Mon 6:30p Mnatsakanova 1 - 3 hr

### Japanese Tea Ceremony

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

Come learn and experience some of the basics about Japanese tea ceremony. This workshop includes a short demonstration. some background, and a chance to whisk your own bowl of tea and enjoy sweets. No background knowledge is necessary, just a curiosity for Japanese tea ceremony. For those who would like to learn Japanese words along with the Ceremony, a Wordlist will be provided. Ages 18+

#### **Chinese Take Out at Home**

Arl. Res. \$50 Arl. Sr. \$40 Non-Res. \$60

In this class students will learn how to make Chinese takeout classics. Recipes will include beef with broccoli, egg fried rice, and pork dumplings. Discussion of techniques and other recipe favorites for a unique home takeout experience. Ages 18+ Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95 CN548 Syphax 113 09/04 Wed 6:30p D'Errico 1 - 2.5 hr

CN523 Syphax 117 12/07 Sat 1p Swanson 1 - 1.5 hr

#### **Approachable Korean Cooking**

Learn to cook some delicious Korean dishes in the simplest way possible. You will prepare Doenjang guk or jjigae, a traditional Korean soybean paste soup, bulgogi which will be marinated beef as the main dish, and we will wrap up with japchae, a popular glass noodle side dish that is easier than it looks! You will enjoy these dishes and flavor so much, you will want to add them to your go-to recipes!

Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105

CN549 Syphax 113 10/09 Wed 6:30p Lee 1 - 3 hr

#### **Cooking Fundamentals**

Learn the terms and techniques that can make your cookbooks user-friendly or help you build the confidence to cook without books. A good class for beginners, but also for any cook interested in the "hows and whys" that make a good cook a better one. We include recipes and techniques on cooking meat and poultry, an introduction to sauces and more. Ages 18+ Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

 CN570B
 Syphax
 113
 09/16
 Mon
 6:30p
 Mnatsakanova
 3 - 3 hr

 CN570A
 Syphax
 113
 10/17
 Thu
 6:30p
 D'Errico
 3 - 3 hr

#### **Traditional Soup for Wintertime**

Stay warm this cold winter and learn how to prepare heartwarming soups. You will learn the secrets of preparation the most popular authentic Russian soups, such as Borscht or Beetroot soup and vegetarian soup called Rassolnik with mushrooms and barley, different type of the fresh and pickled vegetables. At the end of class enjoy tasty soups soup with some additions and freshly made garlic dinner rolls.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

**CN665** Syphax 113 11/26 Tue 6:30p Vassikova 1 - 3 hr

#### **Delicious Uzbek Plov**

0-4-07----

# Art Classes

#### Pottery Wheel - Introduction to Clay Throwing

The magic begins when you place your clay in the center of the wheel. Students will learn the skills to create simple but beautiful pieces of art using a pottery wheel. Plates, bowls, cups and more will be demonstrated and taught as each student uses the wheel. Art will be fired in the kiln and glazes will be applied in class. Roll up your sleeves and let the creativity begin. Ages 18+Arl. Res. \$279 Arl. Sr. \$269 Non-Res. \$289

 FA230A
 W-L
 1123
 09/12
 Thu
 6:30p
 Kim
 6 - 2.5 hr

 FA230B
 W-L
 1123
 09/17
 Tue
 6:30p
 Parsons
 6 - 2.5 hr

 FA230C
 Gunston Art Rm
 09/18
 Wed
 6:30p
 Petro
 6 - 2.5 hr

 FA230D
 Wakefield Art Rm
 10/23
 Wed
 4:30p
 Lapin
 6 - 2.5 hr

All Arlington Community Learning classes are for students ages 18+, unless otherwise indicated. Youth Enrichment classes for children are found on pages 15 & 16.

#### Pottery Wheel - Introduction to Clay Throwing 2

Are you looking to move beyond basic pottery shapes? In this class, students will build on existing wheel skills to create simple but beautiful pieces of art using a pottery wheel. Bowls, mugs, jugs, and more will be demonstrated and taught as each student uses the wheel. Art will be fired in the kiln and glazes will be applied in class. Roll up your sleeves and let the creativity begin. Arl. Res. \$279 Arl. Sr. \$269 Non-Res. \$289

F/	<b>1231A</b>	W-L 1123	11/07	Thu	6:30p	Kim	6 - 2.5 hr
F/	<b>1231B</b>	W-L 1123	11/12	Tue	6:30p	Parsons	6 - 2.5 hr
F/	1231C	Gunston Art Rm	10/30	Wed	6:30n	Petro	6 - 2 5 hr

#### **Acrylic Painting for Beginners**

There are many advantages painting with acrylics. It is easy to correct mistakes, has low odor and dries quickly. Learn to paint with this wonderful art medium. Class size limited to 8 students. Follow along with paintings as directed by the instructor, or feel free to paint from photos or better yet from your imagination. Painting techniques and tips will be covered. This class will allow you to work at your own pace. Check our website for the supply list.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189 **FA241** W-L 1123 09/19 Thu 6:30p Parada 6 - 2 hr

### Acrylic Painting: Start at the Beginning

This class is for anyone who wants to learn (or review!) the basics of using acrylic paints. We will cover painting materials and techniques, including brushwork and the use of mediums. You will also learn color mixing, color temperature, glazing and simplified drawing techniques from photo references. Supplies included

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

FA248 Nottingham Art Rm 2 10/29 Tue 6:30p Herrington 6-2 hr

#### **Daytime Painting with Jane**

Beginning through advanced, oil or pastels. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. You can work from still life set ups or from photographs. See website for supply list. Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275

 FA301A
 Nottingham Art 1
 09/11
 Wed
 10a
 McElvany
 8 - 2.5 hr

 FA301B
 Nottingham Art 1
 09/12
 Thu
 10a
 McElvany
 8 - 2.5 hr

#### Pastel or Oil Painting

Beginning through advanced, oil or pastels. Students will pick one of these mediums. The class will help beginners feel confident to start and complete a painting. More experienced painters will perfect their skills. Demonstrations will be given throughout the semester on techniques pertaining to landscapes, still lifes, portraits and figures. Teacher will demonstrate in both oil and pastel. You can work from still life set ups or from photographs. See website for supply list.

Arl. Res. \$255 Arl. Sr. \$235 Non-Res. \$275

FA307A Nottingham Art 1 09/10 Tue 7p McElvany 8 - 2.5 hr
FA307B Nottingham Art 1 09/11 Wed 7p McElvany 8 - 2.5 hr

#### Art Appreciation

Study the most famous works that hail from the early movements in art history: from prehistoric cave art, Mesopotamia, Egypt, Rome, great classical works from ancient Greece, the glory of Byzantine art and medieval manuscripts of the Catholic Church to the perfection of the Renaissance in DaVinci, Michelangelo and Raphael.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95 **FA294** Syphax 117 11/06 Wed 10a Ruble 2 - 2 hr

# Brush Ink Painting from China & Japan - for Beginners

Discover the creativity and artistic freedom of this unique art media. Brush Ink Painting, popular in China and Japan uses various shades of black and white to bring to life landscapes, still lifes, flowers, and other themes on rice paper. See website for supply list and samples of artwork. Ages 18+ Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

FA361A Syphax 113 09/25 Wed 6:30p Weick 4 - 2 hr
FA361B Syphax 117 09/30 Mon 10a Weick 4 - 2 hr

#### **Classical Drawing (Personal Projects)**

This course is an excellent workshop for any student who wishes to practice their drawing skills. Further your study of composition and proportions by using still life subjects and printed images of your own choosing. If you're new, you will benefit from more experienced peers and instructor's guidance. Returning students will put to the test and improve their previously acquired techniques from prior classes. Techniques will include pencil, charcoal and more. See website for supply list.

Arl. Res. \$139 Arl. Sr. \$125 Non-Res. \$149

FA259 Syphax 113 10/29 Tue 10a Hamdad 4-2 hr

# Acrylic and Watercolor Open Studio

Register for this open studio class where you will enjoy a great environment to paint, receive inspiration from others students and learn to improve your painting techniques with the guidance of your instructor. Bring your art supplies, ideas and creativity to class.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

FA388 Nottingham Art Rm 2 10/08 Tue 6:30p Dahlberg 4 - 3 hr

# Clay - The Art of Slab Construction: Beginning through Advanced

This class is designed for beginners to more advanced students who enjoy making fine art ceramic pieces using slab construction. The instructor will demonstrate the basic steps in the process as needed, and provide you with the support you need to find your personal expression in clay through sketches, models, building techniques, and glazing techniques. Create your own beautiful ceramic piece of art. The cost for the course includes the use of basic tools and the firing, but not the materials and supplies used. See website for supply list.

Arl. Res. \$280 Arl. Sr. \$260 Non-Res. \$300

FA395 Kenmore Art Rm. 09/17 Tue 6:30p Norris 8 - 2.5 hr.

#### **Watercolor Painting for Beginners**

Watercolor techniques will be taught in this step-by-step, handon approach class. These effective techniques for watercolor painting include, color mixing, brush handling, value control, washes, glazing and masking. You will discover and practice a new skill each week. See website for supply list. Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

 FA426A
 Nottingham Art 2
 09/12
 Thu
 6:30p
 Dahlberg
 6 - 2 hr

 FA426B
 Nottingham Art 2
 09/18
 Wed
 10a
 Benkert
 6 - 2 hr

#### Watercolor Painting- Level 2

Further explore and develop your watercolor painting skills, color mixing, brush handling, value control in class. Washes, glazing and masking techniques will be practiced. See website for supply list

 Arl. Res. \$139
 Arl. Sr. \$129
 Non-Res. \$149

 FA427A
 Nottingham
 Art 2
 11/06
 Wed
 10a
 Benkert
 4 - 2 hr

 FA427B
 Nottingham
 Art 2
 11/07
 Thu
 10a
 Dahlberg
 4 - 2 hr

# Arlington Community Learning

### Mindful Watercoloring: Be Calm and Paint On!

Enjoy the calm of concentration. In this workshop course, we'll go through some simple meditative exercises and combine them together with watercolor techniques -- creating energetic, uplifting pieces to take home.

Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105

FA463 Syphax 113 11/12 Tue 7p Loden 2 - 2.5 hr

### Handcrafted Card Making - for the Holidays

Create sweet, simple stationary cards to share your thanks this holiday season. We'll use simple materials and techniques --stencils, inks, and brushes, so you can make something unique and beautiful. Accessible for any skill of crafting ar art making.

Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105

FA464 Syphax 126 11/12 Tue 7p Loden 2 - 2.5 hr

#### Discover the Masterpieces of the Louvre Museum

This 90 minute slide show tour of the Louvre will focus on the 15 most impressive pieces of art work, which include paintings and sculptures. There is more to discover than just the Mona Lisa. Learn the history of such masterpieces and the artists who created them. Leave class with a greater appreciation for transcendental power of art.

Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55

FA439 Syphax 113 11/12 Tue 7p Ruble 1 - 1.5 hr

# Computer Classes

#### **Organizing Your Computer Files & Folders**

Learn the basic skills for organizing photos, files and music on your computer and how to use Windows to create folders, display the date and time a file was last saved and sort by name or date. Also learn how to move files around on your computer, delete files, and create shortcuts on your desktop. Naming and searching for files will also be covered.

Arl. Res. \$75 Arl. Sr. \$65 Non-Res. \$85 **BE209** Syphax 115 09/25 Wed 1:30p Matos 1 - 3 hr

#### **Anybody Can Code!**

Computers increasingly pervade nearly every aspect of our lives. With some inkling of how programs make computers work, you can feel empowered instead of intimidated. We'll introduce a few key computer science concepts, painlessly, and guide you through creating your first computer program -- no experience or math skills needed.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 **BE214A** Syphax 115 10/17 Thu 7p Gutnick 1

 BE214A
 Syphax
 115
 10/17
 Thu
 7p
 Gutnick
 1 - 2 hr

 BE214B
 Syphax
 115
 10/18
 Fri
 10a
 Gutnick
 1 - 2 hr

#### **How to Use My Mac**

Are you new to Mac Computers? Have you been using them for a while but not really sure you know what you're doing? Gain a foundational understanding on how to use your Mac. Learn how to create folders, organize and transfer files, prioritize which programs you use and delete things you don't need. Finally, learn techniques that will make your overall computer experience more enjoyable.

 Arl. Res. \$85
 Arl. Sr. \$75
 Non-Res. \$95

 BE221A
 Syphax 171
 09/24
 Tue
 1p
 Staff
 2 - 2 hr

 BE221B
 Syphax 126
 10/17
 Thu
 6:30p
 D'Errico
 2 - 2 hr

#### **Decrease Your Telecom Costs**

Want to explore ways to decrease your landline, wireless and cable bills? In this highly informative class, find out about new technologies like Sling TV, Roku & You Tube TV. Find out how to get free HDTV, optimize your Wi-fi and go wireless to help save you money. Communicate via FaceTime & Google Voice or Ooma to replace your landline phone.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

**BE230** Syphax 115 10/25 Fri 1:30p Livingston 1 - 2 hr

Certificate classes are flexible, convenient and online with instructor support. Access class anytime between listed dates.

See online course description for more details!

Certificate in Data Analysis - Code BE100U
All three for \$495 or take them individually, price shown below

#### **Introduction to Data Analysis**

BE101U Online Starts 09/03, ends on 09/28 - Tuition: \$195
Intermediate to Data Analysis

BE102U Online Starts 10/07, ends on 11/01 - Tuition: \$195
Advanced Data Analysis

**BE103U** Online Starts 11/04, ends on 11/29 - Tuition: \$195

Certificate in Mastering Excel - Code BE105U
All three for \$495 or take them individually, price shown below.

#### Mastering Microsoft Excel

BE106U Online Starts 09/03, ends on 09/28 - Tuition: \$195
Intermediate Excel

BE107U Online Starts 10/07, ends on 11/01 - Tuition: \$195
Advanced Excel

BE108U Online Starts 11/04, ends on 11/29 - Tuition: \$195

# Graphic Design Essentials Certificate - Code BE133U Take all three for \$545 or take them individually, price shown below.

#### Adobe Illustrator Essentials

**BE134U** Online Starts 09/03, ends on 09/28 - Tuition: \$225

**Adobe Photoshop Essentials** 

BE135U Online Starts 10/07, ends on 11/01 - Tuition: \$225
Adobe InDesign Essentials

**BE136U** Online Starts 11/04, ends on 11/29 - Tuition: \$225

Social Media for Business Certificate - Code 125U Take all three classes for \$495 or individually for a little more.

#### **Introduction to Social Media**

BE126U Online Starts 09/03, ends on 09/28 - Tuition: \$195
Marketing Using Social Media

BE127U Online Starts 10/07, ends on 11/01 - Tuition: \$195
Integrating Social Media in Your Organization

**BE128U** Online Starts 11/04, ends on 11/29 - Tuition: \$195

# SQL Certificate - Code BE115U All three for \$595 or take them individually, price shown below.

#### Introduction to SQL

BE116U Online Class starts the 1st of each month – Tuition: \$245 Intermediate SQL

BE117U Online Class starts the 1st of each month – Tuition: \$245
Advanced SQL

BE118U Online Class starts the 1st of each month – Tuition: \$245

Certificate in Mastering Computer Skills for the Workplace - Code BE150U
All three for \$495 or take them individually, price shown below.

#### Mastering Microsoft Excel

**BE106U** Online Starts 09/03, ends on 09/28 - Tuition: \$195

**Mastering Microsoft Word** 

BE152U Online Starts 10/07, ends on 11/01 - Tuition: \$195
Mastering Microsoft PowerPoint

**BE153U** Online Starts 11/04, ends on 11/29 - Tuition: \$195

Certificate in QuickBooks Online - Code ME050U Both for \$395 or take them individually, price shown below.

#### **QuickBooks Online Level 1**

BE051U Online Starts 09/03, ends on 09/28 - Tuition: \$195
QuickBooks Online Level 2

ME052U Online Starts 10/07, ends on 11/01 - Tuition: \$195

Digital Marketing Certificate - Code BE110U
All three for \$495 or take them individually, price shown below.

#### Improving Email Promotions

BE111U Online Starts 09/03, ends on 09/28 - Tuition: \$195
Boost Your Website Traffic

BE112U Online Starts 10/07, ends on 11/01 - Tuition: \$195
Online Advertising

**BE113U** Online Starts 11/04, ends on 11/29 - Tuition: \$195

Certificate In Web Design - Code BE129U
All three for \$595 or take them individually, price shown below.

#### Introduction to Web Design

BE130U Online Starts 09/03, ends on 09/28 - Tuition: \$245 Intermediate Web Design

BE131U Online Starts 10/07, ends on 11/01 - Tuition: \$245
Advanced Web Design

BE132U Online Starts 11/04, ends on 11/29 - Tuition: \$245

Power BI Certificate - Code BE293U
All three for \$495 or take them individually, price shown below.

#### Introduction to Power BI

BE294U Online Starts 09/03, ends on 09/28 - Tuition: \$195 Intermediate Power BI

BE295U Online 10/07, ends on 11/01 - Tuition: \$195
Advanced Power BI

**BE296U** Online Starts 11/04, ends on 11/29 - Tuition: \$195

# Network Technician (CompTIA Network +) - Intermediate Level

The Network Technician (CompTIA Network+) course provides students with the basic knowledge and skills necessary to become an IT network technician. Students will gain the knowledge and skills necessary to manage, maintain, troubleshoot, install, operate, and configure basic network infrastructure as well as describe networking technologies, understand basic design principles, adhere to wiring standards, and use testing tools. This course includes all study materials and an optional externship. See online description for more details. Tuition: \$2.299

BE052C Start Anytime, Access Your Class Anytime

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#### Computer Security Technician (CompTIA Security + and Network +) - Advanced Level

acquire the knowledge necessary to apply security controls to maintain confidentiality, integrity, availability, and identify appropriate technologies and products. In addition, students learn to manage, maintain, troubleshoot, install, operate, and configure basic network infrastructure as well as describe networking technologies, understand basic design principles, adhere to wiring standards, and use testing tools. This course is designed to fully prepare students to sit for and pass the CompTIA Security+ and CompTIA Network+ Certification exams. This course includes all study materials and an optional externship. See online description for more details. Tuition: \$2 299

**BE055C** Start Anytime, Access Your Class Anytime

#### Certificate in WordPress

48 Hours of Instruction - see online for course description

**BE226U** Online Class starts 09/03, ends on 11/29 – Tuition: \$595

#### **Social Media: Lead-Generation Strategies**

Learn effective strategies for generating leads through social media platforms. Discover how to optimize your profiles, create engaging content, and leverage various social media channels to attract potential customers or clients. This course will provide valuable insights and techniques to enhance your leadgeneration efforts using social media. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

BE246 Syphax 115 10/17 Thu 6:30p Delfino 1 - 2 hr

#### **Introduction to Google Workspace**

Explore the functionality and productivity features of Google Workspace. This course will introduce you to the suite of applications and tools, including Gmail, Google Docs, Google Sheets, Google Slides, and more. Learn how to collaborate effectively, streamline your work processes, and leverage the power of Google Workspace for personal and professional use. Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

**BE247** Syphax 115 09/10 Tue 6:30p Delfino 2 - 2 hr

#### **Create Multimedia Content with Canva**

The class is designed for entrepreneurs and "want to be" influencers. Learn to effectively use Canva to create multimedia content for any business or organization. Learn key Canva systems (Generate QR Codes, Design Templates, and Video Production) and establish SEO terms that will help enhance marketing and communication workflows. At the end of class you will participate in an individual project that will include the design of a draft flyer, newsletter, and promotional materials. Take class in person or remotely from home.

Arl Res \$85 Arl Sr \$75 Non-Res \$95

BE336 Syphax 115 - Hybrid 09/19 Thu 6:30p Glover 2 - 2 hr

#### **Cybersecurity - Starting Your New Career**

Learn the ins and outs of the Cybersecurity industry. How to get started, what to study and what IT certificates to obtain. Discover what a Cybersecurity Specialist does on a day to day basis and what type of career opportunities exist. Lastly, learn how to navigate the "clearance" and "top clearance" process to work for the federal government or government contractors. We will also discuss employment opportunities, salary range and even review some technical skills.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

BE339 Syphax 108 09/19 Thu 6:30p Wingo 1 - 2 hr

# Create Your First Photobook - Just in Time for the

It's fun, easy and a great way to capture memories for a lifetime. You will learn how to create your own photobook, using online templates and websites. Strategies and tips will be covered and practice books will be created in class...but you'll learn how to create yours once you get home.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

BE349 Syphax 115 10/08 Tue 10a Matos 1 - 2 hr

#### **Build Your Free Website Using Wix.com** Learn to use the many templates and options available through

Wix.com to create your free website. Use it as a personal website, or for the family, or for business or non-profit use. The options are endless. No programming required. Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

BE355A Syphax 115 09/18 Wed 6:30p Delfino 1 - 2.5 hr BE355B Syphax 115 10/08 Tue 1p Delfino 1 - 2.5 hr

#### Google, MUCH More Than Search

In this highly interactive class, learn and do better all things that are Google such as Gmail, search tips, organize photos w/ Google photos, creating a personalized/shared calendar, make free phone calls w/ Google voice, print anything/anywhere with cloud print, download books, apps, music & more from the Google play store, utilize. Google Keep to take notes, Google Translate to over 50 languages & much more. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

BE366 Syphax 115 10/04 Fri 10a Livingston 1 - 2 hr

#### **Computer Maintenance**

Students will learn how to keep their computers running smoothly by learning to use system tools, utility programs, firewalls, and virus protection. They will also learn how to handle a computer crash, decipher error messages, delete files and unwanted programs and keep their computers updated automatically. In addition, computer hardware maintenance will be discussed. along with proper surge protection and wireless network

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95 BE387 Syphax 115 09/20 Fri 10a Livingston 2 - 2 hr

#### Today's Technology for Baby Boomers

Confused about all the technology that society is using? Want to stay connected and learn to utilize the latest in computers, tablets & wireless devices? This informative, 2-session course will delve into cell/smart phones, social media (Facebook, Linked In, X. Instagram, etc..). Decipher icons on your smart devices, Learn about App Store, Apple Music, iPads & useful apps to make your life easier & more productive. What the differences between wi-fi & Bluetooth are & Snapchat/What's App to connect with your family, friends & community,

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95 **BE390** Syphax 115 09/13 Fri 1:30p Livingston 2 - 2 hr

Websites

# WordPress - Create Free Professional Looking

WordPress is the most popular free open source Content Management System used by organizations, private businesses and individuals. Through demonstrations and hands-on instructions given by the instructor, you will learn how to design professional looking full-blown websites with a user-friendly interface, blogging abilities and zero coding knowledge. Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149 BE396 Syphax 115 10/08 Tue 6:30p Hamdad 4 - 2 hr

#### Microsoft Excel - Level 1

Become competent in Excel by doing lots of exercises and short lectures. Starting with navigation and entry tips, work up through formatting, formulas, functions and charts. Observe common traps and their solutions. Finish with portfolios of projects. Ideal for re-introduction or for students with current minimal skills. Prerequisite: Comfortable with Windows or Mac.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

**BE424A** Syphax 115 09/24 Tue 10a Matos 2 - 2 hr **BE424B** Syphax 115 10/23 Wed 6:30p Matos 2 - 2 hr

#### **Learn Computers at a SLOW Pace**

This is a slow and steady computer class for those who need to learn the basics at a patient pace. Learn how to properly turn on and off the computer, use the mouse, and save a file. Discover what you can do on the Internet, from e-mailing photos, finding a job or an old friend, and do so safely. Finally, become comfortable and stress-free while using the computer. Arl. Res. \$105 Arl. Sr. \$95 Non-Res. \$115 **BE441** Syphax 115 10/17 Thu 1p Matos 3 - 2 hr

# Get Smart with Your Android Smartphone (or

It's more than just a phone! Your Android device puts an incredibly powerful computer in the palm of your hand, but it can be daunting to harness all that power. We'll give you plenty of tips so you can use it more effectively, and we'll highlight add-on programs ("apps") which improve your productivity and maybe even provide some fun.

Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105

**BE453A** Syphax 171 10/24 Thu 6:30p Gutnick 2 - 2.5 hr **BE453B** Syphax 171 10/25 Fri 10a Gutnick 2 - 2.5 hr

#### Google Docs/Drive: An Introduction

**BE524** Syphax 115 09/24 Tue 1p Matos 2 - 2 hr

Come experience the power of Google Docs. We will review Google's version of a spreadsheet, word processor and presentation software, very similar to what Microsoft Office offers. The best thing is that you can access your files from anywhere, work from anywhere and collaborate with anyone. And remember, it's all free with your Google account. Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

#### Selling On eBay

Have a lot of "stuff" in your garage/basement collecting dust? In this "How to sell on eBay" course you will learn how to list items for sale, tend the auction, finalize the sale w/ PayPal. You also learn all the tips and tricks to maximize your online auction experience, all part of this fun eBay class. Prerequisite: Have an item in mind that you would like to sell when you come to class. Learn how to use eBay effectively today! Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95 BE527 Syphax 115 11/08 Fri 10a Livingston 2 - 2 hr

#### Get Smart with Your iPhone (or iPad)

It's more than just a phone! Your iPhone or iPad puts an incredibly powerful computer in the palm of your hand, but it can be daunting to harness all that power. We'll give you plenty of tips so you can use it more effectively, and we'll highlight add-on programs ("apps") which improve your productivity and maybe even provide some fun.

Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105

**BE537B** Syphax 171 10/04 Fri 10a Gutnick 2 - 2.5 hr BE537A Syphax 171 10/10 Thu 6:30p Gutnick 2 - 2.5 hr

# **Arlington Community Learning**

# ASL Classes

#### American Sign Language - Level 1

This course introduces the basics of American Sign Language. You will focus on the acquisition of both comprehension and production skills. Increased knowledge of the deaf community and the development of cultural awareness, which will improve communication interaction. Basic fingerspelling skills, readiness activities, questions, and conversational etiquette will also be stressed. Required text: A Basic Course in American Sign Language, ISBN-10: 0932666426.

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 **ASL01A** Online 09/26 Thu 7p Zhai 8 - 2 hr **ASL01B** W-L 2017 09/30 Mon 7p Ostria 8 - 2 hr

#### American Sign Language Level 2

Prerequisite: American Sign Language 1 or the equivalent. In this class you will acquire additional vocabulary, grammatical and conversational skills. You will also continue to learn to relate to everyday life situations experienced by members of the deaf community. Text: A Basic Course in American Sign Language, ISBN-10: 0932666426.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149 ASL02 W-L 2010 09/04 Wed 6:30p Zambrano 4 - 2 hr

#### **American Sign Language Level 3**

Prerequisite: American Sign Language 2 or the equivalent in experience. Students will continue to acquire additional vocabulary, grammatical and conversational skills. Common everyday life situations experienced by members of the deaf community will continue to be explored. Text: A Basic Course in American Sign Language, ISBN-10: 0932666426. Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

ASL03 W-L 2210 10/29 Tue 6:30p Zambrano 4 - 2 hr

# Whiting & Communications

#### **Daytime Writers**

Join this morning workshop for writers of every level, working in fiction or nonfiction; memoirs; short stories; travelogues; blogging-whichever prose genre appeals to you. Whether you're already working on something, needing a push to start or merely wanting a sounding board, here's your forum. Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189 **CE100A** Syphax 171 09/11 Wed 1p Tevelin 6 - 2 hr

CE100B Syphax 171 10/30 Wed 10a Tevelin 6 - 2 hr

Writing Your Own Screenplay

Have you ever seen a movie and thought you could do better? Here's your chance to learn or further develop your screenwriting skills. This class is for those with plenty of ideas but don't know where to begin, for those who started and need help finishing. and everyone in between. We will discuss generating ideas, creating believable characters, using effective storytelling, and organizing it all into a professional screenplay structure. Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189 **CE179** Online 09/21 Sat 10:30a Johnson 6 - 2 hr

#### **Introduction to Creative Writing**

Have you always wanted to write fiction? Here's your chance to learn how. This class covers all the basics of creative writing. from developing plots and characters to writing realistic dialogue. We'll also experiment with different types of fiction - from flash fiction to short stories and novels. Published fiction writers will visit class to share their insights on how they started writing and how they got published. No previous writing experience is

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189 **CE193** Online 09/10 Tue 7p Stevens 6 - 2 hr

#### **Evening Writers**

Calling all writers! This class is the perfect forum for honing your skills, experimenting with new writing forms and for preparing your work for sale and publication. Through weekly writing exercises and helpful group feedback, you'll see your writing develop and improve. We will cover the basics of writing memoirs, flash fiction, short stories, opinion pieces, letters to the editor -- and even novels. Published authors will visit class to give you their tips for getting started and getting published. Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

**CE172** Online 10/22 Tue 7p Stevens 6 - 2 hr

#### **Comprehensive Approach to Self-Publishing Your** Book

Make your dream of self-publishing a book a reality. This comprehensive approach will cover all aspects of getting your book printed. We will cover: the why are you writing a book, costs, time, research, competitors, navsayers, earning potentials, editors, publishers, designers, timing, marketing and much more. Taught by a self-published author, who will offer solutions to challenges faced throughout the entire self-publishing process. Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

**CE221** Online 10/09 Wed 6:30p Sullivan 2 - 2 hr

#### Travel Writing 101 Workshop

You have stories to tell from your travels and you think they should be published in a newspaper, magazine, or your own blog, but where do you start? This class provides an overview of the travel-writing world from ideation to publication, including tips on how to get started, different types of stories, a brief look at how to write a travel feature story, potential markets, and successful pitching. Whether you seek to write about places near or far, this class will help you turn travel experiences into published stories. Ages 18+

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 **CE227** Online 09/17 Tue 6:30p Kennedy 1 - 2 hr

#### "Stand Up" to Comedy

Whether you are a more seasoned comedian looking to workshop with other creative minds or a first-timer to comedy hoping to learn how to get started, this class is for you! Time spent in class will help you form your stand up comedy set and practice techniques needed for an effective delivery. Coaching on public speaking, improvisational exercises and some great laughs included.

Arl. Res. \$139 Arl. Sr. \$125 Non-Res. \$149 CE241 Kenmore Black Box 10/09 Wed 7p D'Errico 4 - 2

#### Shakespeare Sonnets

Students will broaden their cultural lexicon and build theater skills by learning from one of the greatest playwright and poets of the English language, William Shakespeare. Specifically, we will explore and examine some of Shakespeare's sonnets and how they are applicable to today's society and provide a historical perspective that elicits intelligent dialog regarding current events. Optional: A Visit to the Shakespeare theater in Washington DC. Arl Res \$85 Arl Sr \$75 Non-Res \$95 CE245 Syphax 126 11/08 Fri 1p Ruble 2 - 2 hr

#### Improv 1

Learn to improvise by playing games that will help you with memory, instinct, relationship building, confidence, and imagination. Yes, AND... you'll have tons of fun doing it by learning the basics of long-form improv! Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149 CE246 Kenmore 190 09/11 Wed 7p Funes 4-2 hr

Are you ready to take your improv skills to the next level? This class will pick up where we left off in level 1, by working on guick thinking techniques, effective acting and the use of your imagination and communication skills. The fun factor will also increase with your new skills.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

**CE247** Kenmore 190 10/16 Wed 7p Funes 4 - 2 hr

#### **Jumpstart Your Book Idea!**

Have you always wanted to write a book? Save yourself hours of research by enrolling in this 90 minute workshop. Whether your dream book is a novel, non-fiction, memoir, or a book for children, join novelist Lee Gjertsen Malone as she takes you through the basics of getting started. We'll cover topics such as how long a book should be, to whether or not you should plan everything out or just start writing, as well as tons of resources to help you embark on your journey to becoming an author. Don't

Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55

CE257A Syphax 113 09/14 Sat 10:30a Gjertsen 1 - 1.5 hr **CE257B** Online 10/01 Tue 7p Gjertsen 1 - 1.5 hr

### Writing Children's Books - An Introduction

If you have always wanted to write a book for children of any age, here's an opportunity to learn more - whether you have a work in progress or just an idea. Join middle grade novelist Lee Gjertsen Malone as we explore the many important aspects of writing children's books, including voice, character development, plot, dialogue and more.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 CE258 Syphax 150 10/08 Tue 7p Gjertsen 3 - 1.5 hr

### **Workplace Communication Classes**

See complete course description online

#### **Conflict Management**

CE227U Online Starts 09/03, ends on 09/28 - Tuition: \$245 Collaborative Management

CE228U Online Starts 10/07, ends on 11/01 - Tuition: \$245 **Negotiation: Get What You Want** 

**CE222U** Online Starts 10/07, ends on 11/01 - Tuition: \$195

#### The Art of Adult Friendships - Building Lasting Connections

Are you looking to forge deeper connections, expand your social circle, or gain skills to work through challenging moments in friendships? This course is your guide to navigating the intricate world of adult friendships. From the nuances of making new friends to the strategies for maintaining and nurturing these vital relationships, we'll equip you with practical skills and insights. Join us on this journey of self-discovery and connection-building. Don't miss the chance to create the deep and meaningful friendships you've always desired. Enroll today and start painting your own masterpiece in the art of adult friendships. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 CE262 Syphax 171 11/12 Tue 6:30p Goff 1 - 2 hr

#### The Art of Small Talk

Good communication skills are the building blocks for healthy relationships. Learn techniques for connecting with others through conversation starters, breaking the ice, keeping conversations moving, choosing interesting topics, and navigating everyday conversation challenges with grace. Practice using conversation to build business and social connections. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 CE263 Syphax 171 09/26 Thu 6:30p Dillemuth 1 - 2 hr

#### Poetry for All

Description: Whether you have experience in poetry or are new to the craft, this class is for you. Students will nurture their creativity through exercises and readings and will be given class time to write and share their poem with the group if they wish. This class will focus primarily on free-form poetry and unleashing boundless creativity.

Arl. Res. \$89 Arl. Sr. \$79 Non-Res. \$99 **CE67** Career Ctr. 103 10/08 Tue 6:30p Hannah 3 - 1.5 hr

# Textile Arts

#### Sewing - Level 1

Sewing class is designed for beginners. There will be an introduction to the sewing machine, sewing terms, fabrics, patterns, pressing technique, and notions. First class project will prepare you for Sewing II. Bring thread and scissors to first class. Supply list distributed at first class.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189 **HE600A** Syphax 117 09/12 Thu 12:30p Hunter 6 - 2 hr

 HE600B
 Syphax
 117
 09/12
 Thu
 6:30p
 Hunter
 6 - 2 hr

 HE600C
 Syphax
 117
 09/30
 Mon
 7p
 Jackson
 6 - 2 hr

 HE600D
 Syphax
 117
 10/02
 Wed
 7p
 Hunter
 6 - 2 hr

#### **Sewing Circle - DIY Sewing Projects**

If you already know how to thread, and loop and the basics of your sewing machine, and simply need a scheduled time to sew, bounce ideas off of others and need occasional guidance from a teacher, this is the place for you! The Sewing Circle is a place to start, work on or complete your sewing projects in a fun, informative and creative atmosphere. Bring your ideas, projects, patterns and your own machine or use ours, and get ready for fun productivity. See website for supply list.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

 HE614A
 Syphax
 117
 09/11
 Wed
 12:30p
 Hunter
 6 - 2 hr

 HE614B
 Syphax
 117
 10/23
 Wed
 6:30p
 Hunter
 6 - 2 hr

### **Knitting - The Basics**

Curious about Knitting? Come learn the basics of knitting - casting on, knit, purl, and binding off. You'll learn to read a pattern and will begin working on a simple but attractive scarf. Supply list found on the website.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

<u>HE611 Syphax 171 10/16 Wed 6:30p Schoenbrun 4 - 2 hr</u>

#### **Knitting & Crocheting Circle**

Class is geared towards students with some crochet and knitting experience. This class is for everyone who likes to start a new project (but is afraid to) or needs help finishing up. Let's get together and meet other yarn lovers to share favorite techniques and patterns. Class is taught by a certified knitting and crochet teacher

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149 <u>HE631 Syphax 171 09/14 Sat 10a Azimi 4 - 2 hr</u>

#### **Basic Clothing Making & Tailoring**

Do you have a piece of clothing that you wish was in a different color or pattern? Learn how to recreate one of your favorite items of clothing. Do you have some clothes that just don't fit quite right? Maybe a little long or a too big or has a small rip or flaw? Learn techniques to make it fit just right! You will be introduced to basic pattern making, clothing making sewing techniques, and more. Requires a basic sewing knowledge and some experience with a sewing machine.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189 **HE638** Syphax 117 09/24 Tue 6:30p Feuerborn 6 - 2 hr

#### Get Started with Cross Stitch

Students will learn the basics of crocheting, including all basic crochet stitches, beginning and ending a project, as well as how to read a pattern. Students will produce a variety of small beginner projects that will cover all basic crochet skills, including a cowl, a toy, a hat, and a granny square. Supply list found on the website.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 **HE609** Syphax 117 09/21 Sat 10a Kfoury 1 - 2 hr

#### Quilting for Beginners

In this class, you will learn basic quilting techniques, and terms used in the process. We will look at patterns to understand how quilts are merely different shapes sewn together and talk about different fabrics used in quilting. Please bring scissors and thread to the first class. An additional supply list for the rest of the classes will be given out.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

 HE661A
 Syphax
 113
 09/11
 Wed
 1p
 Tevelin
 4 - 2 hr

 HE661B
 Syphax
 117
 11/12
 Tue
 6:30p
 Tevelin
 4 - 2 hr

#### **Quilted Holiday Gifts**

In this "make it & take it" workshop, you will choose one of a variety of simple, but creative quilted gifts. Quilted coasters, placemats, eye glass holders or even a small table runner can be created in class with the guidance of your instructor. Supply list for each project can be found online. Prerequisite: Know how to use a sewing machine.

Arl. Res. \$75 Arl. Sr. \$65 Non-Res. \$85 **HE665** Syphax 126 11/16 Sat 10a Tevelin 1 - 3 hr

#### **Jewelry Making - The Basics**

Learn the basics for jewelry making. We will cover techniques such as stringing, knotting and wire wrapping. During class you will make a strung bracelet, a silk knotted bracelet, and a wire wrapped bracelet. You will also learn how to make matching sets of earrings. All supplies are included.

Arl. Res. \$140 Arl. Sr. \$130 Non-Res. \$150 **HE339** Syphax 108 10/10 Thu 6:30p Duffy 3 - 2 hr

# Real Estate & Finance

#### **Estate Planning Essentials**

An estate plan that works, melds counseling-based estate planning to meet changing client objectives and a shifting legal environment. How to establish a plan and keep it current, understand living trusts, wills, substitute decision-makers, disability planning, long-term care, and (mis)use of joint tenancy with adult children, will be examined so you can plan properly. Also addressed are the hidden traps in beneficiary designations of retirement plans, insurance and annuities.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

FP01 Online 10/19 Sat 10a Mothershead 1 - 2 hr

#### **Your Power of Attorney and Medical Directives**

The Virginia Department of Aging has stated that medical directive forms can be completed without the assistance of a lawyer, but you may want to consult one to ensure that you have completed it correctly. This class will ensure that you do so. Learn the other uses of a Power of Attorney. This class is taught by an attorney who can point you in the right direction. Materials will be provided.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 FP06 Syphax 171 10/02 Wed 7p Okpalaobieri 1 - 2 hr

#### **Special Needs Planning**

Planning for the future for Special Needs Persons and their parents is important. Gain a solid understanding of the guardianship and estate planning for Special Needs Individuals. We will cover who needs guardianship, alternatives to guardianship, and what is the court process. Additionally, we will focus on special needs Estate planning, including: what is a special needs trust, what does it contain and the various types. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

FP08 W-L 2016 09/24 Tue 6:30p Zetlin 1-2 hr

#### **Pre-Retirement Guide for Federal Employees**

If you are a Federal employee considering retirement, this class is for you! Get the information you need to make informed decisions about your retirement from Federal service. We will focus on the choices and implications you face with your Health insurance, Medicare, Federal Employee Group Life Insurance, Social Security claiming strategies, Thrift Savings Plan, and Tax Surprises

Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105 FP14 W-L 2012 12/04 Wed 6:30p Davidson 2 - 2.5 hr

### Paying for College: Getting There from Here

Get the answers to a variety of questions regarding 529 College Saving Plans, including the unique features, restrictions, and financial benefits. Saving strategies to reach your goals and a fundamental understanding of financial aid will be covered.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

FP16 W-L 2017 09/24 Tue 7:30p Byerly 1 - 2 hr

#### ABC's of Investing

This is a primer course in investing. Review stocks, bonds and short term investments, what they can do for you and how to buy and sell them. You will learn where to find and how to read financial information to monitor your investments. Cover the nuances of choosing stocks for growth or income; call features on bonds; whether to choose taxable or tax free bonds; how the exchanges work; and how to or if to use a professional. Discuss how to invest assets in retirement accounts. There will be a discussion of investment "packages" and how to analyze them. Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105

FP18 W-L 2023 11/07 Thu 6:30p Davidson 2 - 2.5 hr

# Tax Savings and Planning through Four Stages of Retirement

If you are between 50 to 70 years old, this 90 minute class can save you thousands in retirement. Just one of many items taught in class can make a significant difference in your retirement planning. How much do you need invested to comfortably retire? What will the healthcare costs be? How much in taxes will I have to pay in retirement? These questions and more will be answered in this workshop...don't miss it.

Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55

GI322 Online 11/13 Wed 6:30p Davidson 1 - 1.5 hr

#### How to Use a Financial Planner

What is the difference between a financial advisor and a financial planner? How do you know what is right for you? What questions to ask? How much does it cost? CFP, CLU, CHFC, CIMA, what do they all mean? Class will discuss the financial planning industry and how to determine what is right for your situation.

Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55

FP20 W-L 2023 10/22 Tue 6:30p Davidson 1-1.5 hr

# **Arlington Community Learning**

### Tax Free Investing

Learn the benefits between taxable vs tax free investments and the implications down the road. We will discuss traditional and roth IRAs, 401(k) and 403(b)s. Understand tax free mutual funds, life insurance and bonds. Don't miss this workshop.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

FP24 W-L 2208 09/24 Tue 7:30p Byerly 1-2 hr

#### Landlording

Are you a landlord or are you considering renting out your home or purchasing an investment property? This class will help you understand your rights and responsibilities as a residential landlord in Virginia. Determine whether your rental(s) are exempt from the Virginia Residential Landlord Tenant Act and learn the essentials on how to avoid landlord/tenant problems from the onset. The class will also discuss collections and the eviction process

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 **GI640** Online 10/12 Sat 10a Mothershead 1 - 2 hr

#### **Build Your Custom Home**

Discover from a Class A Contractor and Home Building Professional, all the steps necessary to build your custom home in Arlington. Learn about lot sizes/shapes, neighborhood considerations, and land acquisition.? Understand project planning, budget considerations, and contracts.? Become familiar with all aspects of the building process from foundation to finishes.? Learn the "order of things" and terminology so you won't be confused during the building process.? Bring a home survey plat for the question/answer period at the end of the class.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

Gl681 W-L 2016 09/24 Tue 6:30p Kacher 1-2 hr

### Operating an Airbnb or Short Term Rental

Learn how to rent out a space in your home here in Arlington or rent out a home or apartment elsewhere as an Airbnb or short term vacation rental. Find out what rules/regulations apply to short term rentals, how to set up an account and listing on Airbnb, how to effectively set up and market your space, how to set the right price, provide excellent customer service, and deal with common short term rental problems. We will focus on Arlington County short term rental regulations - but will also discuss how to locate regulations in other jurisdictions as well.

Ari. Res. \$55 Ari. Sr. \$45 Non-Res. \$65 Gl696 Syphax 150 10/24 Thu 6:30p McCall 1 - 2 hr

# General Interest

#### Weight Loss: the Myths and the Science

Learn why dieting is one of the least effective ways for sustainable weight loss. Debunk the endless myths and learn the science of fat loss so that you may finally achieve your fitness goals. By the end of the course you will learn how to write your own effective workout program and develop a sustainable healthy lifestyle. Basic nutrition will be covered.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

G1185 W-L 2017 10/17 Thu 6:30p Aquino 2 - 2 hr

#### Muscle Gain: Why Your Muscles are not Growing

Find out why you are not packing in muscle mass. Most men and women plateau and then are stuck for years little to no growth. Current Science shows that aging has very little to do with it! Surprised? Learn how to build muscle efficiently so that you don't end up living in the gym to achieve results. Learn about protein intake, split routines, supplements and more.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

G1186 W-L 2012 09/12 Thu 6:30p Aquino 2 - 2 hr

#### Genealogy 101 Discover Your Family History

Family history connects us to our ancestors and it's never been easier to find them. So many resources are now available at our fingertips. Come learn how to get started; how to search for records on FamilySearch, Ancestry and other resources; and how to evaluate and share what you find.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

GI146 Syphax 115 09/24 Tue 6:30p Flake 2 - 2 hr

# Genealogy Beyond the Basics: Proven Research Methods and Breakthrough Techniques

Move beyond the basics of genealogical research and apply proven methods to find answers faster and more efficiently. These are the same methods used by professionals to systematically break down "brick walls" and resolve convoluted problems in family history research. The emphasis of this course will be on research in the United States, but many of the principles are applicable to genealogical research in other countries. See full course description online.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

GI143 Syphax 108 10/22 Tue 7p Shepherd 2 - 2 hr

# Genetic Genealogy: Supercharge Your Research with DNA

Take your genealogical research to the next level by incorporating DNA analysis. DNA is upending the genealogical world, but while millions of people have taken DNA tests, most do not know how to fully leverage the results. This intermediate level class gives students the tools they need to make DNA work for them in their genealogical research. See full course description online.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

G1142 Syphax 115 11/12 Tue 7p Shepherd 2 - 2 hr

# Aging in Place: How to Live Independently at Home Longer

Mobility needs change as one ages, sometimes drastically and suddenly due to injuries or illness. Learn how Professional Interior Designers integrate specialized finishes, furnishings, and equipment into the home for safe, comfortable, and beautiful spaces that still look and feel like home and not clinical. Learn what specific details are the keys to successfully living in one's home for as long as possible. See full course description online. Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

GI147 Syphax 117 11/14 Thu 6:30p Tamburro 1 - 2.5 hr

# Arlington's Bucket List Sites-and the Interesting Stories that Go Along With Them

Did you know George Washington owned 5,000 acres of forestland along Four Mile Run? Or why the nation's oldest federal monuments are in Arlington? Or the best place to watch award-winning, Broadway-caliber shows without having to cross the Potomac? Or where to find a restaurant-bar with a vacay vibe in our own backyard? Join award-winning travel writer and author of "100 Things to Do in Arlington Before You Die", Barbara Noe Kennedy in a lively presentation about Arlington that dives into these fascinating topics and much more. Read more online.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

<u>GI225 W-L 2012 10/22 Tue 6:30p Kennedy 1 - 2 hr</u>

#### Bicycle Maintenance & Repair

Lecture/demonstration on bike fit, breakdown repairs, and the inspection, adjustment, lubrication, and renovation of diverse components. Bike not required.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

GI812 Career Ctr. Auto Lab 10/09 Wed 7p Herndon 1 - 2 hr

#### **Designing Your Home Landscape**

Learn everything you need to know about designing and maintaining a residential landscape. Taught by a professional landscaper, students will learn important aspects of landscape design, such as: sun vs shade, tree location, water drainage and erosion, lawn, esthetics and security. We will also discuss patios, walkways and ground cover. Photo analysis and critique of your yard will be available.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

GI199 Online 09/18 Wed 7p Sullivan 2 - 2 hr

#### Make-Up Magic

Makeup can be MAGIC when properly applied. Learn how to prepare your face and properly apply makeup with basic colors and application techniques to enhance your facial assets and minimize other features. Achieve an attractive appearance by creating a desired illusion with makeup. You will go step-by-step to create a natural and professional look as you do a full face makeup application. Before and after photos are taken.

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

GI113A Syphax 117 10/05 Sat 10a Farnham 1 - 2.5 hr

GI113B Syphax 113 11/16 Sat 10a Farnham 1 - 2.5 hr

#### Haircutting

Learn the latest techniques in haircutting. Learn how to cut hair for men, women, and children. Course will also cover the proper use of scissors, clippers, trimmers, razors, and various haircutting combs. Save your money, learn to cut hair! Not a licensed course. Course taught in the Cosmetology Lab at the Career Center. You must purchase your own mannequin, see website supply list for suggested locations.

Arl. Res. \$199 Arl. Sr. \$179 Non-Res. \$219

Git18 Career Ctr. 103 10/09 Wed 7p Peake 6 - 2.5 hr

### Historical European Martial Arts

The martial arts of medieval Europe were sophisticated systems of combat, in armor and without. Two opponents might engage with spear, sword, sword and buckler, dagger, or even unarmed. This unique workshop will focus on the martial arts system of medieval Europe. In addition to the weaponry and skills of the time, you will learn about the surviving documents from which these techniques are based.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 G1187 W-L 2209 10/15 Tue 6:30p Muir 1 - 2 hr

### Anger Management Workshop

Anger is a normal human emotion. Anger can even have benefits, such as addressing injustices and motivating change. But when anger is not managed appropriately, it can lead to significant health, legal and interpersonal problems. This anger management workshop is led by a Licensed Clinical Social Worker, and will help adults better understand anger, identify triggers, and explore strategies for how to manage it.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

GI188 Syphax 150 09/25 Wed 6:30p Michaud 1-2 hr

#### Discovering Astronomy

Have you ever looked at the night sky and wondered what lies beyond, or how vast space really is? Discover the nature of the universe, including the earth, moon, sun, planets, stars, galaxies and beyond. This introductory class is designed for beginners with little or no knowledge of astronomy. Learn about the different objects in the sky, the scale of the solar system and galaxy, and view some of the objects through telescopes during our evening observing session. Date and location of the observation will be announced in class.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

GI345 Syphax 171 10/15 Tue 7p Kagy 1 - 2 hr

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### Fundamental Structures of the Universe

Get ready to explore the fundamental structures of the Universe within the dimensions of time and space. Beginning with its inception, we will give a brief overview of the fundamental forces and creation of matter and anti-matter. We will uncover the formation of galaxies, stars, black holes, and other celestial bodies, while also examining the critical roles of dark energy and dark matter in this process. Finally, we will have the opportunity to discuss current research and experiments that contribute to our ongoing quest for deeper understanding of the Universe. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 Gl351 Syphax 115 10/24 Thu 6:30p Kroll 1 - 2 hr

#### **Keeping Yourself Professionally Active in** Retirement

You've gained plenty of knowledge and experience while working, don't let it go to waste. Stay professionally active in retirement by exploring many different ways of putting your expertise to work. Start a business, become a consultant, provide guidance to others getting started. Mentoring, coaching tutoring, teaching, and much more are available to you now that you have the time. You can even make some money on the way. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

**GI560** Syphax 108 10/04 Fri 1:30p Livingston 1 - 2 hr

#### Keeping Yourself Socially Engaged in Retirement

Now that you have the time, get involved in your community. You'll learn about many resources and organizations where you can put your skills to use. There are an abundance of non-profit organizations in the area that can benefit from your expertise. Teach, mentor or coach others. Learn about MeetUp groups, and online resources to stay engaged. Opportunities abound. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

GI562 Syphax 115 10/25 Fri 10a Livingston 1 - 2 hr

### Discover Your Impact Abroad: A Workshop on Working and Volunteering Overseas

Join us for an informative workshop focused on opportunities to work or volunteer abroad. Learn valuable insights and practical information about international work, including how to overcome challenges and maximize your impact. Whether you're considering a career change, interested in volunteering, or just curious about global opportunities, this workshop is your chance to understand how you can make a difference worldwide. Featuring a special guest speaker.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 Gl344 Syphax 126 10/22 Tue 6:30p Peña 1 - 2 hr

#### **New Me: Creating Positive Mental Health Practices**

Learn practical tools to enhance your mental well-being. Discover fundamental aspects of mental health, aiming to dispel misconceptions while promoting a positive outlook. Learn the factors influencing mental health, including stress, lifestyle, and relationships and explore actionable strategies for stress management, emotional resiliency, coping skills. nurturing optimism, and encouraging self-care practices and the importance of regular physical activity. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

HE217 Syphax 150 10/17 Thu 6:30p Goff 1 - 2 hr

#### Self Defense & Situational Awareness for Women

This 90-minute workshop will provide you with the "best practices" in self defense and personal safety. Become more attuned to your surroundings, your environment, be aware of "red flag" situations, learn to rely on your senses. Your instructor will also demonstrate and explain techniques on how to de-escalate a situation, how to escape an attack and break away from a physical altercation. Don't miss this workshop - spread the word, sign up with a friend.

Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55 GI614A Syphax 126 10/10 Thu 7:30p McGuire 1 - 1.5 hr GI614B Syphax 171 10/15 Tue 6:30p Aguino 1 - 1.5 hr GI614C Syphax 171 11/14 Thu 7:30p McGuire 1 - 1.5 hr

#### Make Online Dating Rewarding

Take your online dating strategy to the next level. Put your best face forward and avoid red flags while leveraging dating apps and more. Learn the tools needed to connect online with likeminded people. Discover the various apps that are available, understand their dating goals, Learn how to create a profile that gets results, and how to take dating from online to in-person in a safe and fun way.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 **GI717** Syphax 113 10/07 Mon 6:30p Hollis 1 - 2 hr

# Business & Career

#### Kickstart Your Side Hustle on Amazon

Discover how to profit from the biggest online marketplace. Learn from an instructor who has sold on Amazon in the US, Canada, and the UK. You will learn how to locate suppliers, set up your Amazon store, manage your listings and inventory, as well as other tactics, in this course.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95 Gl829 Syphax 126 10/16 Wed 7:30p Imarati 2 - 2 hr

#### Applying for a Government Job

Thousands of people will retire from the federal government this year, and the United States government will need qualified people to fill those positions. Learn to decode the federal job websites, and create an application that best highlights your qualifications and unique abilities.

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

Gl838 Syphax 115 10/02 Wed 6:30p Law 1 - 2.5 hr

#### **Small Business Start-Up**

Creating your own part-time or full -time business enterprise can be an exciting and rewarding adventure. This seminar will review the entrepreneurial and administrative skills needed for success. Options for legal structuring a business will be reviewed, such as sole proprietorship, partnership, LLC, and incorporation. Tools and strategies for efficient daily management will be discussed, along with a review of marketing, finances, expansion, and other crucial elements to a successful startup. Learn how to successfully start your own business enterprise.

Arl. Res. \$95 Arl. Sr. \$85 Non-Res. \$105 ME300 Online 09/21 Sat 2p Bromley 2 - 2.5 hr

#### **Get Your Small Business Found Online**

Do you have a business and a website but you aren't sure how to be found online? Discover how to have your site show up more prominently on Internet searches. Learn the basics of Search Engine Optimization (SEO), website tracking basics, an introduction to online marketing and more! Presentation followed

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 ME301 Syphax 150 10/24 Thu 6:30p Feuerborn 1 - 2 hr

#### Secrets of Successful Consulting

Take the mystery out of developing a successful consulting practice. Learn techniques that locate and attract clients who will pay for the real value of your services. Determine how to price your services and obtain qualified referrals. Topics include targeting your customers, networking for results, obtaining free publicity, and more.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

ME350 Syphax 150 10/23 Wed 6:30p Livingston 2 - 2 hr

#### **Entrepreneurship Certificate** Code BE015U

All three for \$495 or take them individually, price shown below.

#### **Entrepreneur Boot Camp**

**ME016U** Online Starts 09/03, ends on 09/28 - Tuition: \$195

The Business Plan

ME017U Online Starts 10/07, ends on 11/01 - Tuition: \$195

**Entrepreneurial Marketing** 

ME018U Online Starts 11/04, ends on 11/29 - Tuition: \$195

#### **Bookkeeping Certificate** Code ME055U

All three for \$495 or take them individually, price shown below.

#### **Understanding Debits & Credits**

ME056U Online Starts 09/03, ends on 09/28 - Tuition: \$195 **General Ledger and Month End Procedures** ME057U Online Starts 10/07, ends on 11/01 - Tuition: \$195 **Closing Procedures and Financial Statements** ME058U Online Starts 11/04, ends on 11/29 - Tuition: \$195

# Medical Industry

#### **Pharmacy Technician**

The need for Pharmacy Technicians continues to grow with demand expected to increase substantially through 2024. Technicians work under the supervision of a registered pharmacist in hospitals, home infusion pharmacies, community pharmacies and other healthcare settings. This high demand for pharmacy technicians is the result of a multitude of factors including the constant availability of new drugs, the national shortage of registered pharmacists, the establishment of certified pharmacy technicians, and the aging population. Approximately 400,000 technicians will be employed by the year 2024 to meet our nation's growing healthcare demands. Payment plans available. This course includes all study materials and an optional externship. See online description for more details. Tuition: \$1.299

MD24C Start Anytime, Access Your Class Anytime

#### Medical Billing and Coding

Medical billing and coding is one of the fastest-growing careers in the healthcare industry today! The need for professionals who understand how to code healthcare services and procedures for third-party insurance reimbursement is growing substantially. Physician practices, hospitals, pharmacies, long-term care facilities, chiropractic practices, physical therapy practices, and other healthcare providers all depend on medical billing and coding for insurance carrier reimbursement. This course includes all study materials and an optional externship. See online description for more details

Tuition: \$1.799

MD12C Start Anytime, Access Your Class Anytime

# **Arlington Community Learning**

#### **Dental Assistant**

The Dental Assistant program prepares students for entry-level positions in one of the fastest growing healthcare professions. With the national increase in healthcare-related services, and the national shortage of healthcare professionals, the need for dental assistants is growing substantially. With a growing workforce over 300,000 strong, a career in dental assisting ranks as the fourth fastest growing occupation in the healthcare technician field. This course includes all study materials and an optional externship. See online description for more details.

MD09C Start Anytime, Access Your Class Anytime

# Music Classes

#### **Crash Course in Classical Music**

In one fun, fast-moving 2-hour course you'll get a taste of the power, grace and beauty of music that can excite and enrich your spirit like no other art form. You'll learn the dramatic story of the growth, development, and flowering of this astonishing music, hear ravishing examples, meet amazing composers and gain an understanding of how and why this music is so uniquely affecting. And you'll leave with a roadmap of 100 "must hear" works to help you begin (or continue) your own lifelong journey through the exhilarating world of classical music.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

MU10A Syphax 171 09/17 Tue 1p Munford 1 - 2 hr MU10B Syphax 126 09/19 Thu 6:30p Munford 1 - 2 hr

#### **BEETHOVEN!** The Greatest of Them All Times

He shocked the world and triggered the War of the Romantics. A classicist, a revolutionary, a boor, a genius, a social climber who created music (sometimes while totally deaf) that still astonishes. Furious at Napoleon, besotted by his nephew, tortured by inner demons, explore the masterpieces and meet the giant who broke-and rewrote-the rules and changed music forever. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

MU168 Syphax 117 10/01 Tue 10a Munford 1 - 2 hr

#### The History of Rock & Roll: Evewitness to the Revolution, 1957-1967

In the decade from Jail House Rock to Sgt. Pepper, rock and roll skyrocketed from derision to dominating music and impacting everything from race to sex to politics. Come relive that wild ride with a foot soldier of the revolution who had a #1 hit rock record in 1967, and close encounters with Ricky Nelson, Zappa, Hendrix, The Who, Credence, the Doors and more. Informed by his Graduate studies in musicology at the University of Chicago. get an insiders view, from the back rooms of the Whisky to the front seat at Monterey Pop, of how and why rock and roll changed music, culture and the world.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 MU169 Syphax 117 10/29 Tue 10a Munford 1 - 2 hr

**Arlington Cello Ensemble** 

The Arlington Cello Ensemble is for adult intermediate to advanced cellists. Participants should be comfortable playing in bass clef in 1st thru 4th positions. The class will read and rehearse cello repertoire in a variety of styles including classical, jazz, pop, and others with the goal of performing a concert for the community. The class will be led by a professional musician with decades of performance experience who will provide instruction on a variety of cello-playing techniques. This is a fun opportunity to play with fellow cello enthusiasts, develop your skills, and spread the joy of music.

Tuition: \$139

MUACE01 Kenmore 116 09/12 Thu 7p Hartman 10 - 2 hr

#### **Arlington Concert Band**

The Arlington Concert Band is a wind and percussion ensemble for adult musicians. This group is seeking musicians with intermediate to advanced playing skills, or players who have studied previously and want to return to their musical past and focus on performing in an ensemble. Arlington Concert Band aims to be an ensemble that will not only provide a local opportunity for musicians, but will serve as a promoter of music and music education in our community. For more information and ensemble requirements visit arlingtonconcertband.org or email Raul Matos at raul.matos@apsva.us. Annual Membership Fee is only \$69. (Bring your own instrument)

W-L Band Rm 09/10 Tue 7p Kirchenbauer 10 - 2 hr MUACBH - Bassoon MUACBA - Flute MUACBI - French Horn MUACBB - Clarinet MUACBJ - Trumpet MUACBC - Oboe MUACBD - Bass Clarinet MUACBK - Trombone MUACBE - Baritone Saxophone MUACBL - Euphonium MUACBF - Tenor Saxophone MUACBM - Tuba MUACBG - Alto Saxophone MIJACRN - Percussion

#### **Arlington Concert Orchestra**

The Arlington Concert Orchestra is seeking musicians with intermediate to advanced musical skills, and all those who used to play an orchestral instrument and are looking to get back into a performance ensemble. This is a wonderful opportunity to play in a high caliber, volunteer orchestra! High quality performances, education, and fun are at the heart what we do. Registration fee \$69 per semester. (Bring instrument) Kenmore Band Rm 09/09 Mon 7p Hartman 10 - 2 hr

MUACOF - French Horn MUACOK - Clarinet **MUACOA** - Violin MUACOG - Tuba **MUACOL** - Percussion MUACOB - Cello **MUACOH** - Viola **MUACOM** - Trombone MUACOC - Harp MUACOI - Bass MUACON - Trumpet MUACOD - Oboe MUACOJ - Flute MUACOO - Piano MUACOE - Bassoon

### **Arlington Community Chorus**

All levels of singers are welcome to this non-audition ensemble. where we create community through the fun, joy and beauty of collective song! Quality repertoire is chosen that reflects a broad diversity of styles, languages, composers and difficulty levels, including classical, contemporary, world music, seasonal favorites, Broadway, jazz, and more. This is a performing ensemble which presents public concerts at the end of each semester. Prerequisite: Experience singing in a choir preferred but not required.

Tuition: \$169

W-L Choral Rm 09/10 T Young/Carsten-Pelak 7pm 13 - 2 hr

**MUACCA** - Soprano MUACCB - Alto

MUACCD - Bass

**MUACCC** - Tenor

# Arlington Jazz Ensemble/Combo

For intermediate to advanced musicians. Come explore the world of improvisation. Learn how to create and play improvised solos in jazz and popular styles. Work on learning and performing jazz and pop standards with an emphasis on developing your improvisational voice on your instrument by learning about the practical application of instrumental techniques, music theory and ear training.

Tuition: \$139

Yorktown Band Rm 10/02 Wed 6:30p Rinker 10 - 2 hr

MUJEF - Piano MUJEA - Alto Sax **MUJEG** - Guitar **MUJEB** - Tenor Sax **MUJEC** - Bariton **MUJEH** - Bass MUJED - Trumpet MUJEI - Percussion MUJEE - Trombone MUJEJ - Other

#### **Arlington Percussion Circle**

Learn basic percussion techniques using rhythms and instruments from Africa. South America and the Caribbean. The Arlington Percussion Circle is a program for all, no experience necessary. Learn to play rhythms and percussion instruments from around the world while reducing stress and building community. Instruments are provided, but you are more than welcome to bring your own.

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

MUAPC01 Key Music Rm 10/02 Wed 6p Staff 6 - 1.5 hr

#### **Arlington Flute Choir**

The Arlington Flute Ensemble is a class designed for adult intermediate to advanced flutists. It is comprised of C flutes however any additional auxiliary flutes such as alto flute, bass flute and contrabass flute are strongly encouraged to join. The focus will be on reading and rehearsing mainstream flute ensemble repertoire consisting of original compositions and arrangements of classical, jazz and pop styles. Interested parties will also participate in break-out groups such as duos, trios and quartets. Performance opportunities will include local community concerts. See online for full course description. Tuition: \$79

MU153 Kenmore 93 09/11 Wed 7p De la Cerda Rohde 10 - 2 hr

#### Guitar - Beginning 1

This class is designed for students who have no experience playing the guitar. Beyond learning basic music theory, you will learn chords, strumming patterns, finger placement, and several scales. You will be required to bring your own guitar (acoustic or electric) to class. Assignments / handouts provided. Ages 16+ Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

MUGU01A Online 09/05 Thu 11a Siekkinen 8 - 1.5 hr MUGU01B Kenmore 93 09/10 Tue 6:30p Delos Reves 8 - 1.5 hr MUGU01C Kenmore 93 09/12 Thu 6:30p Delos Reves 8 - 1.5 hr

#### Guitar - Beginning 2

Prerequisite: Guitar Beginning I or equivalent experience. This class will continue to assist you in learning chords, strumming patterns, finger placement, and several scales. Bring their own quitar to class. Ages 16+ Arl. Res. \$149 Arl. Sr. \$139 Non-Res. \$159

MUGU02 Kenmore 93 11/12 Tue 6:30p Delos Reyes 6 - 1.5 hr

#### Guitar - Beginning 3

Prerequisite: Guitar Beginning 2 or equivalent experience. This class is to assist students with their strumming techniques. chords and scales and will be introduced to basic improvisation skills. Bring your own guitar, tuner and metronome. Handouts

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

MUGU03 Online 09/05 Thu 1p Siekkinen 8 - 1.5 hr

#### **Harmonica for Beginners**

Bring your own harmonica to class and learn how to play basic melodies, chords and standards in no time. We'll base our class on country and blues music, but the techniques you will learn can apply to other genres as well. No experience necessary. Required instrument: Diatonic harmonica in the key of C. Arl. Res. \$105 Arl. Sr. \$95 Non-Res. \$115

MUHA01 W-L 2020 10/02 Wed 6p Dozier 6 - 1 hr

# Music Theory Workshop

This workshop in music theory will cover the basics, including an introduction to bass and treble clefs, notes, rest values, intervals and inversions.

Arl. Res. \$45 Arl. Sr. \$35 Non-Res. \$55

MUMT06 Syphax 113 09/12 Thu 6:30p Ruble 1-1.5 hr

12

#### Piano - Beginning 1

playing experience. We will cover basic chords, rhythms, musical terms and the use of the metronome. Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 MUPN01A Syphax 113 09/12 Thu 6:30p Ruble 8 - 2 hr MUPN01B Syphax 113 09/17 Tue 10a Ruble 8 - 2 hr

Learn how to play piano. Class is for students with no piano

MUPN01C Syphax 113 11/13 Wed, Mon 6:30p Ruble 8 - 2 hr

#### Piano - Beginning 2

Prerequisite: Piano Beginning 1 or equivalent knowledge. Continue your study of the piano by becoming more proficient with chords and musical scales. More emphasis will be placed on reading music, rhythm and putting the notes together to create music

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 MUPN02A Syphax 113 09/11 Wed 6:30p Ruble 8 - 2 hr MUPN02B Syphax 113 09/12 Thu 10a Ruble 8 - 2 hr MUPN02C Syphax 113 09/12 Thu 6:30p McGuire 8 - 2 hr

#### Piano for Beginners 3

Prerequisite: Piano Beginning 2 or permission from the instructor. Students will continue their study of the piano and become more proficient with chords. Emphasis will be placed on repertoire

Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235 MUPN03 Syphax 117 09/16 Mon 6:30p Ruble 8 - 2 hr

#### Piano Intermediate 1

This class is a continuation of level 3 and will focus on playing, accuracy, tempo, voicing and repertoire building. Please come to the first class prepared to share with the class. Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235

MUPN08 Syphax 113 09/17 Tue 6:30p Ruble 8 - 2 hr

#### Piano Intermediate High

This class is a continuation of Intermediate 2 and will focus on playing, accuracy, tempo, voicing and repertoire building. Please come to the first class prepared to share with the class. Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235

**MUPN17** Online 09/20 Fri 10a Ruble 8 - 2 hr

#### Piano Intermediate/Advanced

This class is a continuation of Intermediate 2 and will focus on playing, accuracy, tempo, voicing and repertoire building. Please come to the first class prepared to share with the class. Arl. Res. \$215 Arl. Sr. \$195 Non-Res. \$235

<u>MUPN28A Online 09/10 Tue 6:30p McGuire 8 - 2 hr</u>

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189 MUPN28B Online 11/12 Tue 10a McGuire 6 - 2 hr

#### One-Hour Piano

Learn how to play piano. Class is for students with no piano playing experience. We will cover basic chords, rhythms, musical terms and the use of the metronome. Book Alfred All-in-One Level 1 ISBN 10:0-88284-818-6. Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149 MUPN00 Syphax 113 09/13 Fri 2:30p McGuire 8 - 1 hr

#### One-Hour Piano - A Continuation

Now that you have the basics down, come and join us for this one-hour piano class on Friday afternoon. All levels are welcome in this dynamic class where the instructor will give you the skills you need to take your piano playing up a notch. Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149 MUPN000 Syphax 113 09/13 Fri 1p McGuire 8-1 hr

#### Ukulele - Beginning 1

What has a sound that makes you smile when you hear it, is small and fun to play? The Ukulele of course. You'll learn the important skill of strumming and finger placement, playing chords and tempo. Do something different with your time, learn to play the Ukulele. Bring your own Ukulele to class. (Sorry, no baritone

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189 MUUK01 Online 09/04 Wed 1p Siekkinen 8 - 1.5 hr

#### Ukulele - Beginning 2

Now that you got the basics down, start building on your skills in the level 2 class. We will continue to focus on strumming, chords and tempo. We will have you strumming basic songs in no time. Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

MUUK02 Online 09/04 Wed 11a Siekkinen 8 - 1.5 hr

#### Ukulele - Intermediate

Continue building on what you've learned. Finger placement, speed and accuracy will be emphasized. In this class you'll begin to really enjoy the sounds coming from your Ukulele. Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189 MUUK04 Online 09/07 Sat 11a Siekkinen 8 - 1.5 hr

#### Violin for Beginning 1

No experience at all? You will start from zero and work through basic posture, bow technique, music reading and finger placement. Learn how to play easy tunes. Build your skills and confidence and get ready to take it to the next level. Bring your own violin to class.

Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189 MUVI01 Wakefield 0 09/17 Tue 7p McGuire 8 - 1.5 hr

#### Voice Lessons for Adults - Level 1

This Voice Lesson class is designed for students who want to improve and develop their singing talents. This class is for beginners and for those who have not experienced singing lessons or techniques before. Learn singing basics which will include methods of warm up, breath control, clear singing pronunciation of lyrics, scales, and terminology. You will practice singing songs throughout the course. Arl. Res. \$179 Arl. Sr. \$169 Non-Res. \$189

MUVL01 Kenmore 68 10/02 Wed 6:30p Kemp 6 - 2 hr

#### Introduction to Voiceovers

Do you have a great voice? You can use it more for just singing. Learn the current trends in the voiceover industry. Discover the opportunities and the growing popularity of audiobooks, radio and online commercials and animated characters. If you are interested, fill out your contact information by scanning this QR code.

# Photography

#### **Digital Photography - An Introduction**

Class is designed for beginning photographers using digital cameras. Learn to better understand your equipment and many of the functions that your camera has to offer. Fundamental concepts of photography will be covered, including composition, lighting, motion, and we will also explore the artistic side of digital photography. Projects will be assigned and photo critiques

Arl. Res. \$115 Arl. Sr. \$105 Non-Res. \$125

PH25 W-L 2213 10/08 Tue 6:30p Thomas 3 - 2 hr

#### Saving Your Digital Pictures

Step by step instructions will be given on how to take digital pictures from your camera, email or internet and save them to your computer. Preserve the memories digital pictures provide by learning these easy techniques. Don't risk losing your photos or deleting them by accident. Effective exercises will be conducted in class to ensure that you leave with the confidence needed to secure these memories.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65 PH10 Syphax 115 09/18 Wed 10a Matos 1 - 2 hr

#### Smartphone Photography

The best camera is the one you have with you. Learn how to take great photos with your smart phone! We'll explore different photography apps and find which are best for uploading to different sites such as Facebook and Instagram. Well also cover which phones have the best cameras and techniques to get the best picture with the phone you have (Both iPhone and Android will be covered).

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75 **PH15** Syphax 171 11/07 Thu 6:30p Gutnick 1 - 2.5 hr

#### **Maximizing Your DSLR Camera**

This class will make it easy to understand all those features packed into your digital SLR. You'll learn what the functions do, gaining the confidence to move beyond the Auto mode, and how to use them to capture better pictures. We'll also look at lenses, filters and other photo equipment to use with your DSLR. In addition, you'll learn about lighting (artificial and natural) and composition techniques for people, landscapes, architecture and flowers. You'll have the skills to create more compelling images when traveling and in daily life.

Arl. Res. \$85 Arl. Sr. \$75 Non-Res. \$95

**PH20** W-L 2002 11/12 Tue 6:30p Thomas 2 - 2 hr

# Auto & DIY Classes

#### **Automotive Repair Procedures**

This course will be based on the automobile problems and needs of the students. Hands-on shop work on owners' vehicles will guide the weekly lesson. Basic repairs will be limited to shop time, space, and equipment. Diagnostic information will be supplied, as available, to assist the student in correcting problems. The purchase of some necessary basic hand tools and materials will be identified. Course is taught in the Auto Technology Lab. Social distancing will be practiced. Instructor will facilitate instruction.

Arl. Res. \$279 Arl. Sr. \$259 Non-Res. \$299

TI100 Career Ctr. Auto Lab 09/17 Tue 6:30p Blanc 8 - 3 hr

#### **Automotive Repair Procedures - Advanced**

The curriculum of the course will be based on the automobile problems and needs of the students. Hands-on shop work on owners' vehicles will guide the weekly lesson. Basic repairs will be limited to shop time, space, and equipment. Course offers more advanced diagnostics. Course is taught in the Auto Technology Lab. Social distancing will be practiced. Teacher will facilitate class instruction

Arl. Res. \$279 Arl. Sr. \$259 Non-Res. \$299

TI103 Career Ctr. Auto Lab 09/18 Wed 6:30p Winchell 8 - 3 hr

# **Arlington Community Learning**

#### **Car Maintenance Workshop**

Class is designed for students who have limited to no knowledge of car maintenance. Learn how to perform simple maintenance on your car, such as changing the oil, topping off fluids and checking tire pressure. You will also learn how to change a flat tire and what to do when the car overheats. This is a hands-on

Arl. Res. \$139 Arl. Sr. \$129 Non-Res. \$149

TI106 Career Ctr. Auto Lab 12/04 Wed 6:30p Winchell 3 - 2.5 hr

#### **Detail Your Car Like A Pro**

Your car is one of the biggest purchases you'll make... so why not keep it looking nice? You'll feel better sitting down in a car that looks like it just rolled off the showroom floor. Learn how to detail the interior and exterior of your car as the pros would. In addition to demonstrations, we will discuss cleaning techniques. helpful tools and the proper and safe use of cleaning and car care products.

Arl Res \$85 Arl Sr \$75 Non-Res \$95

**TI102** Career Ctr. Auto Lab 09/12 Thu 6:30p Lewis 2 - 2 hr

### Auto Detailing - Paint Correction and Buffing

Ready to take your passion for cars to the next level? In this 3-session class, we will focus on the exterior and interior detailing of your vehicle. Learn how to inspect the car, prep washing, paint and clear coat testing, washing and drying techniques and paint rejuvenation. Additionally, you will learn how to treat and properly clean tires and windows.

Arl. Res. \$129 Arl. Sr. \$119 Non-Res. \$139

TI108 Career Ctr. Auto Lab 10/10 Thu 6:30p Lewis 3 - 2.5 hr

#### Introduction to Woodworking & Cabinetmaking

Course begins with a thorough orientation focusing on wood types and uses, wood joinery, cabinetry design, and proper, safe use of tools and equipment. For the remaining classes, you will have full use of modern woodworking equipment, tools, and shop to construct individual furnishings. You supply the lumber and materials for your project. Some storage is available. Course is taught in the Wood Shop.

Arl. Res. \$289 Arl. Sr. \$269 Non-Res. \$309

TI302 Career Ctr. Wood Shop 09/17 Tue 6:30p Daly 10 - 3 hr

### **Advanced Woodworking and Cabinetmaking**

Prerequisite: Prior participation in Introduction to Woodworking and Cabinetmaking (TI-302) is mandatory. This course allows you to continue where you left off in the introduction class. You will have use of the fully equipped shop to construct items of personal interest and improve your woodworking skills. Emphasis is on advanced techniques such as veneering, millwork, and joinery. You supply the lumber and materials for your personal projects. Some storage is available. Taught in Wood Shop. Arl. Res. \$289 Arl. Sr. \$269 Non-Res. \$309

TI303A Career Ctr. Wood Shop 09/11 Wed 6:30p Andrews 10 - 3 hr TI303B Career Ctr. Wood Shop 09/12 Thu 6:30p McCarthy 10 - 3 hr

#### Carpentry - Rough Framing

This introductory course is designed to familiarize you, the homeowner with the rough framing process involved in building a shed, garage, room addition, or finished basement. Building code requirements pertaining to floor, wall, and roof framing will be covered. Safety, tool usage, material selection, and professional techniques will be the major class topics. Hands-on laboratory application of topical skills will be incorporated into the

Arl. Res. \$199 Arl. Sr. \$179 Non-Res. \$219 TI312 Career Ctr. Wood Shop 09/16 Mon 6:30p Daly 5 - 3 hr

#### **Faucet Repair**

An overview of the 4 basic types of residential faucets and simple repairs a homeowner can attempt for each type. Virtual demonstrations, an overview of basic tools, and a question/ answer period will be the major aspects of this course. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

TI333 Career Ctr. Wood Shop 11/18 Mon 6:30p Daly 1 - 2 hr

#### **Drywall Repair**

An overview of defects and damages that occur in drywall and simple repairs that you, the homeowner can attempt. Virtual demonstrations, an overview of basic tools and materials, and a question/answer period will be the major aspects of this course. Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

T1334 Career Ctr. Wood Shop 11/25 Mon 6:30p Daly 1 - 2.5 hr

#### Replacing Electrical Outlets

An overview of the electrical grounding systems found in older homes and the implications of replacing older 2-prong outlets with modern grounded 3-prong outlets will be presented. Virtual demonstrations, an overview of basic tools, and a question/ answer period will be the major aspects of this course. Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

TI336 Career Ctr. Wood Shop 10/21 Mon 6:30p Daly 1 - 2.5 hr

#### Minor Plumbing Repairs

With some plumbing repairs there is no need to call a professional. Save money and learn how to perform minor repairs vourself. Drips, leaks, clogs, fixture replacement, and routine system maintenance will all be discussed in this onesession class.

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

TI347 Career Ctr. Wood Shop 11/04 Mon 6:30p Daly 1 - 2.5 hr

# **Understanding Your Home: Your House is a**

Learn how to various sub-systems in your home - structure, exterior/interior finishes, weatherizing, utility systems, HVAC, and communications - should be properly designed without defects in order to interact with each other is a smoothly functioning home. Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

TI362 Online 12/02 Mon 6:30p Daly 1 - 2.5 hr

#### **Understanding Your Home: Keep Everything Functioning**

There is an old saying, "An ounce of prevention is worth a pound of cure". In this class you will learn the value of prevention and maintenance. How to inspect the various systems in your home. Insulation, filters, plumbing and HVAC, electrical wiring, routine maintenance and more.

Arl. Res. \$65 Arl. Sr. \$55 Non-Res. \$75

TI363 Online 12/09 Mon 6:30p Daly 1 - 2.5 hr

# Interior Design

### Interior Design Overview: Designing Beautiful Spaces for Function and Comfort

Learn the Interior Design Process from the initial design through to completion of a project for the steps it takes to complete an Interior Design project. This class also details some easy changes you can make today to get your home or office more comfortable, efficient, and looking sharp while making your space more functional and welcoming. Photographs and actual materials will be shown. There will be Q&A at the end and interactive time for discussion. Full course description online. Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

#### Interior Design: Choosing the Best Finish, They're More Than What You See

Pretty colors, patterns, and textures are what many think Interior Design is all about. While they are a part of Interior Design, there are considerations for how to achieve "the look" including maintenance, performance, life-cycle, budget, and the schedule. Learn how to select the best finishes for your project to get the best look, performance, and value.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

Tl354 Syphax 150 10/10 Thu 6:30p Tamburro 1 - 2 hr

### Interior Design: Lighting Strategies to Enhance Your Space

Learn about the different types of lighting on the market today, how lighting directly relates to the look and feel of a space, and how and when to use these different types of lighting to enhance vour interior or exterior.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

<u>TI355 Syphax 150 11/07 Thu 6:30p Tamburro 1 - 2 hr</u>

### Interior Design: Choosing the Best Furniture for Your Project. Cost vs Value

Not all furniture is made with the same construction standards. There is a reason why what looks like the same chest of drawers can cost between \$400.00 and \$15,000.00 for seemingly the same piece of furniture. Learn how and where furniture is made, how to evaluate the finishes and the hardware, and how to choose the best furniture for your project.

Arl. Res. \$55 Arl. Sr. \$45 Non-Res. \$65

**TI356** Syphax 150 10/17 Thu 6:30p Tamburro 1 - 2 hr

# Youth Emrichment

#### Minecraft Club Ages 8 - 14

Join kids around the country in our Creator Corps Community of Minecraft maniacs who play and create together. Each week have fun playing Minecraft and learning new tricks from our Minecraft Masters. Each Friday one of our Coaches will teach a new technique and challenge to the club and let you show off your skills. Clubs meet every Friday at 7pm for 6 weeks.

**YPBE32** Online 09/27 Fri 6:30p 6 - 1 hr

#### Roblox Club Ages: 8 -14

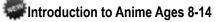
Are you an avid Roblox player and creator? Join us on Friday nights to collaborate and play mini-games with one of our Roblox Coaches and make new friends in a safe and fun environment.

**YPBE39** Online 11/08 Fri 6:30p 6-1 hr

#### Typing Skills Ages 8 - 12

In this course students will meet online Tuesdays and Thursday afternoons for one-hour, where they will learn the fundamentals of typing using a computer keyboard and online games. The focus will be on the home row and other letter combinations. Tuition: \$99

**YPBE40A** Syphax 115 10/21 Mon - Thu 4:30p Duffy 4 - 1 hr YPBE40B Syphax 115 11/18 Mon - Thu 4:30p Duffy 4 - 1 hr



In this class students will learn design elements, character design and break down of plot lines. Students will also learn tips on getting their work published and advertised on various platforms. Tuition: \$99

YPBE70 Syphax 115 10/12 Sat 12n Baldwin 4 - 1 hr

15 TI353 Syphax 150 09/19 Thu 6:30p Tamburro 1 - 2 hr

#### A.I. Adventures Intro to Machine Learning Ages 8 - 14

Explore the world of artificial intelligence to design fully interactive games and experiences using cutting-edge technology. This program combines artificial intelligence with coding to create an unforgettable learning adventure. Students will construct machine learning models that use image and text recognition within block-based coding software to build a portfolio of projects. Student-created projects will be available on a password-protected Black Rocket website to share with friends and family. Students will work in pairs or teams for most of the

\*Compatible with MAC, Windows, and Chrome OS. Tuition: \$169

YPBE52A Online 10/08 Tue 6:30p 8 - 1.5 hr YPBE52B Online 11/09 Sat 10:30a 6 - 1.5 hr

# Fall Art Camp Ages 8-11

Unleash your child's imagination this fall! This Fall Art Camp will provide children with a wonderful introduction to several forms of visual art. Each class will bring a new project that may include, painting, printmaking, fiber, collage, nature crafts, paper crafts, drawing and acrylics.

Tuition: \$49

YPFA22A Syphax 117 10/19 Sat 11a Thompson 1 - 2 hr YPFA22B Syphax 117 11/09 Sat 11a Thompson 1 - 2 hr YPFA22C Syphax 117 12/14 Sat 11a Thompson 1 - 2 hr

### W UNREAL- Gaming Academy

Interested in a career in game design? Level up your tech skills with the Unreal Engine from Epic Games, the industry-grade software that built popular games like Fortnite and Rocket League. Learn how to use the engine's innovative programming tools to craft player interactions and design your own scenes and levels with the built-in assets. Student projects are available on a password-protected Black Rocket website to share with friends and family. Students will work in pairs or teams for most of the

Tuition: \$340

YPBE57 Online 10/12 Sat 10:30a 11 - 2 hr

#### **Future Cybersecurity Professionals Ages 13-17**

This class is designed for high school students who are interested in a high-demand career in cybersecurity. Different career paths will be discussed, including students studying for IT certificates right out of high school and for those pursuing a college degree in information technology. Discover what a Cybersecurity Specialist does on a day to day basis and what to expect on the job. Internships opportunities will be discussed.

**YPBE339** Syphax 108 10/17 Thu 6:30p Wingo 2 – 2 hr

#### Let's Get On Stage - Drama Games for Kids Ages 8-14

Are you interested in becoming an actor? Here's the opportunity to explore and develop your talent! These drama games will not only be fun, but will teach you basic acting skills such as movement, vocal work, creating characters and storytelling. We'll do the Freeze-Walk, Strike a Pose, Listening and Telling, Three Word Skits, The Directing Game, and Dr. Know-It-All. These are all some of my favorite games. Want to know what these games are? Come get on stage and find out!

Tuition: \$179

**YPCE39** Syphax 171 09/25 Wed 4p 7 – 1.5 hr

### Make Holiday Paper Creations from Die Cuts and Other Fun Materials! Ages 8-11

In this introductory paper crafting course, students will use a die cutting machine to efficiently cut out shapes--die cuts!--from paper and chipboard. Students will combine these die cuts and other "mixed media" materials to make holiday decorations that will awe and amaze family and friends.

YPFA40A Syphax 117 11/09 Sat 11a Moore 3 - 2 hr **YPFA40B** Syphax 117 12/07 Sat 11a Moore 3 – 2 hr

#### Young Investors & Entrepreneurs Ages 11 - 14

Explore the world of artificial intelligence to design fully interactive games and experiences using cutting-edge technology. This program combines artificial intelligence with coding to create an unforgettable learning adventure. Students will construct machine learning models that use image and text recognition within block-based coding software to build a portfolio of projects. Student-created projects will be available on a password-protected Black Rocket website to share with friends and family. Students will work in pairs or teams for most of the program. \*Compatible with MAC, Windows, and Chrome OS.

**YP62** Online 11/14 Thu 6:30p 8 - 1.5 hr

#### **Jewelry Making for Kids Ages 8-14**

Learn the basics for jewelry making. We will cover techniques such as stringing, knotting and wire wrapping. During class you will make a strung bracelet, a silk knotted bracelet, and a wire wrapped bracelet. You will also learn how to make matching sets of earrings. All supplies are included.

**YPHE335** Syphax 113 11/26 Tue 4:30p Duffy 4-1 hr

#### Knitting for Kids Ages 8-14

Students will learn safety when sewing they'll learn to pick patterns and fabric they will learn to cut with pinking shears or rotatory blades and sewing shears. Students can also make and assemble projects to create their own designs.

YPHE636 Syphax 117 09/09 Sat 12:30p Azimi 4 - 1.5 hr

#### Small Group Math Strengthening 4th Graders

Get the schools year off to the right start! This small group math strengthening class will provide your 4th grader with a deeper understanding of the concepts and mathematical processes for

YPTP03 Online 10/10 Thu 4p El-Hakim 6 - 1 hr

#### **Small Group Math Strengthening 5th Graders**

This small group math strengthening class will provide your 4th grader with a deeper understanding of the concepts and mathematical processes for success, Maximum 8 students per class.Required text, "Spectrum Math, Grade 4", ISBN 978-1-

YPTP04 Online 10/08 Tue 4:30p El-Hakim 6 - 1 hr

#### SAT Prep - Language Arts

Reading comprehension, textual analysis, and standards of English are a big part of the Reading & Writing portions of the SAT. Identifying what the examiners are looking for and how and why they develop particular questions are important, as well. This class will explain the techniques and test-taking strategies you need to increase your score in the verbal section of the SAT. Please see website for Required text prior to first class. Students are to access the digital practice test here: https://satsuite.collegeboard.org/sat/practice-preparation https://satsuite.collegeboard.org/sat/practice-preparation/

**YPTP105** Syphax 126 10/05 Sat 11a Bromley 4 - 2 hr

#### SAT Prep - Math

In this course, students will walk through solving tons of practice problems covering all of the skills you'll need for the SAT Math sections. Quizzes, practice tests and discussions on how to approach studying and what to expect on test day. Required text ISBN 978-1-438031176-9 Tuition: \$129

YPTP06 Online 10/21 Mon, Wed 7p El-Hakim 4 - 2 hr

### Introduction to Piano for 4th & 5th Graders

This is an introduction to piano enrichment class for 4th and 5th graders who have no prior piano playing experience or need a review of the very basics. Learn how to read music, find notes on the piano and other essentials to begin playing basic piano pieces. Students must have a piano or piano keyboard at home to participate. Required text: Accelerated PIANO Adventures by Nancy and Randall Faber ISBN: 978-1-61677-205-5. Book can be purchased online.

Tuition: \$79

**YPMUPN12A** Syphax 113 10/21 Mon - Thu 5p Gibson 4 – 2 hr **YPMUPN12B** Syphax 113 11/18 Mon - Thu 5p Gibson 4 – 2 hr

# Guitar - Beginning 1 Ages 8-12

In this 6 week class, guitar students will learn guitar with sheet music, guided videos, worksheets, and weekly opportunities to share their new skills! Along with learning the guitar, we will explore creating our own songs with the skills we have learned. Instruments are not provided.

**YPMUGU10** Syphax 171 10/09 Wed 4:30p Norris 6 – 1.5 hr

# Intro to Ukulele for Kids Ages 8-12

In this 6 week class, ukulele students will learn the baritone ukulele with sheet music, guided videos, worksheets, and weekly opportunities to share their new skills! Along with learning the ukulele, we will explore creating our own songs with the skills we have learned. We will use baritone ukuleles for this course and instruments are not included. Tuition: \$110

**YPMUUK10** Syphax 171 10/10 Thu 4:30p Norris 6 - 1.5 hr

#### Architecture as a Career Ages 13 - 17

Do you want to be an architect? Are you a high school student interested in learning about an architecture career? Learn how to become an architect, including developing your interests and hobbies, high school course options, college choices, postcollege internship, and architecture license exams. Discuss what an architect does and the many career paths available. This session will be led by an architect with more than twenty years of experience. Tuition: \$49

YPTI10A W-L 2214 10/22 Tue 6:30p Shaw 1 - 4 hr YPTI10B W-L 2214 11/19 Tue 6:30p Shaw 1 - 4 hr

# **English Classes for Adult Learners (ESL)**

# **REEP Program**

Arlington Education and Employment Program (REEP) Syphax Education Center, 2110 Washington Blvd. #106 Arlington, Virginia 22204

(703) 228-4200 | reep@apsva.us | reep.apsva.us

The Arlington Education and Employment Program (REEP) provides English classes to adults in Arlington, Virginia. REEP integrates language, U.S. culture, digital literacy, community invovement, and workforce preparation into all course instruction. Career development opportunities are also available in childcare and computer skills.

### **Intensive English Classes Beginning, Intermediate & Advanced Levels**

Beginning, intermediate, and advanced levels of intensive English instruction, taught by trained and experienced ESL professionals. 12-week course.

October 1 - December 20

Morning: Monday - Friday, 9:00 a.m. - 12:00 noon (\$300\*\*) Evening: Monday - Thursday, 6:45 p.m. - 9:00 p.m. (\$210\*\*)

### **English for Child Care Providers High-Intermediate & Advanced Levels**

Students who register for an intensive English class can choose to study in the English for Child Care Providers course. This course meets one day a week. Students earn credits toward Level 1 of the Child Development Associate (CDA) certification.\* Job coaching is included.

October 8 - December 20

9:00 a.m. - 12:00 p.m., one-day/week (TBD)

Cost: No added cost; must register for an intensive class \*Completion of Level 1 of the CDA normally takes 6 months.

#### How to Get Started

- Visit our website: reep.apsva.us/take a class
- Complete an Interest Form.
- We will contact you to schedule a test.
- The exam is free.

### **Conversation & Pronunciation Classes** Intermediate & Advanced Levels

The REEP Conversation Class works to improve students' fluency, accuracy and confidence in spoken English. 11-week course.

October 8 - December 19 Tuesday and Thursday, 1:00 p.m. - 3:00 p.m. Cost: \$130\*\*

### **English and Workplace Computer Skills** Microsoft Office Specialist Certification Prep

A basic computer skills course for intermediate and advanced level English language learners. Students receive English language instruction and gain confidence using computers in English. Microsoft Office Specialist Certification exam and job coaching are included.

April 2 - June 20 Monday - Thursday, 6:45 p.m. - 9:00 p.m. Cost: \$210\*\*.

### **English for Customer Service Employment**

This course aims to build the confidence and skills needed to engage with customers in English. The course will focus on Guest Service Gold's seven key elements for delivering top-quality customer service.

October 1 - December 19 Monday - Thursday, 6:45 p.m. - 9:00 p.m. Cost: \$210\*\*.

# Free Online and In-Person Community English

Free non-intensive, beginning and intermediate level classes taught by trained volunteers. Visit reep.apsva.us/class-information/ for details.

\*\*Tuition is higher for students who do not live or work in Arlington, is subject to change, and includes a \$35.00 non-refundable testing and registration fee. Some scholarships for intensive classes are available to Arlington residents through a lottery for qualified applicants. Scholarship recipients pay \$35. Payment by credit/debit card or money orders. No personal checks or cash.

# GED (High School Equivalency Certificate)

The General Educational Development (GED) Program is designed for persons who were once enrolled in school, but who, for various reasons, did not complete the requirements for high school graduation.

#### **ENGLISH GED PREPARATION OPTIONS**

Classes help develop or refresh the skills necessary for successful completion of the GED test. Students are encouraged to take the GED test when their progress indicates their readiness.

#### Fall 2024 Class Schedule

New students to the program are required to take a placement assessment in Reading and Math. There is a \$10 assessment fee. Choose an 8:30am appointment on the following dates: 7/20, 7/25, 8/10, 8/13 and 8/20 or 5:30pm appointments on 7/30, 8/5 and 8/19. The assessment takes approximately 2.5 to 3 hours. Register at www.apsva.us/ged

#### **GED Preparation Level 4**

A combination of traditional teacher led classes and individualized instruction is included. Course will cover all four subjects of the GED test. 14-week Mornings 9am - 11:30am Cost \$129

**GE-015A** Online 9/9 - 12/20 Joseph Mon./Wed./Fri.

14-week Evenings 6pm - 8:30pm Cost \$89

**GE-015B** Syphax Ctr. 108 9/9 - 12/18 Van Buren Mon./Wed.

(Please note: Monday classes are virtual and Wednesday classes are in-person)

#### **GED Preparation Class Math Only**

Prerequisite: Must have passed all subjects of the GED test, except math.

13-week program meeting Mondays and Wednesdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on math skills needed for the GED test.

Cost: \$89

**GE-018** Online 9/16 - 12/18 Joseph Mon./Wed.

#### **GED Preparation Level 3**

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills.

**GE-014** Kenmore 289 9/10 - 12/19 Long Tues./Thurs.

#### **GED Preparation Level 2**

14-week program meeting Tuesdays and Thursdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on improving Writing, Reading and Math skills.

**GE-013** Kenmore 287 9/10 - 12/19 Dozier Tues./Thurs.

14-week program meeting Mondays and Wednesdays from 6:00 p.m. to 8:30 p.m. A combination of traditional teacher led classes and individualized instruction. Course will concentrate on basic Math

Cost: \$89

**GE-012** Kenmore 289 9/9 - 12/18 Castellanos Mon./Wed.

#### Virtual (Self-Paced) GED Preparation

This GED preparation course is designed for students who need the flexibility of studying on their own schedule. Online instruction is provided in math, science, social studies and language arts. Exam-taking tips, full-length practice exams and practice questions are included. It is recommended that students registering for this class have a high school level of reading and math skills. For more information regarding this class, please contact the GED Coordinator, Jerri Young at jerrilyn.young@apsva.us.

Cost: \$299 (Students will have access to the class for a total of six months) **GE-016** Online Start Anytime

#### GED EN ESPAÑOL - CURSO PREPARATORIO Y DE REPASO

Se ofrecen clases de repaso de las materias abajo indicadas, las que ayudarán a desarrollar la preparación necesaria para pasar el examen del GED, y obtener el Certificado de Equivalencia de Educación Secundaria otorgado por el Estado de Virginia.

#### Requisitos:

Haber completado la mayoría de los estudios secundarios o demostrar el conocimiento basicos de lectura, escritura y matematicas.

#### Materias de Estudio:

Matemáticas (aritmética, algebra, geometría), lectura y redacción y estudios sociales.

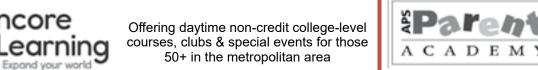
#### Lugares v Horario:

#### **Kenmore Middle School**

200 S. Carlin Springs Road, Arlington, Va. 22204 Sala #290, Lunes y miércoles de 7:00 p.m. a 9:00 p.m. Las clases empiezan el 9 de septiembre y terminan el 18 de diciembre (14 semanas, no hay clases cuando hay un feriado).

GED en Español (Lenguaje, Estudios Sociales y Matemática)

Codigo: **GE-003** Downs/Sparks





### Want to see what's available, Fall 2024?

Courses are posted online at www.apsva.us/parentacademy If you have questions or ideas, call the APS Department of School & Community Relations at 703-228-6005.

# **Arlington Community Learning**

# Things You Should Know

**REGISTRATION**: Please register early to avoid disappointment. Tuition may be paid by check (returned checks are subject to a fee), money order, or credit card. We accept Visa, MasterCard and Discover Card. Make checks payable to: Arlington Public Schools. Registration is complete once payment is received. Cash payments are not accepted. You will not receive confirmation, unless you register online, in which you will receive an email confirmation. You must register before attending class. Instructor may not receive payment.

All Arlington resident Adult Education students 62 years or older receive a discount on tuition.

REFUND POLICY: You will receive a full refund if class is canceled by Adult Education. Refund requests received before the first class are subject to a 10% service charge (minimum \$10.00). Refund/transfers before the second class (of a multiple session course) are subject to a 10% service charge, plus a prorated fee for each class held before receipt of request whether or not the participant attended. No refund/transfers after second class. No refund for single night class if you were unable to attend. No refund on material fee if student cancels 48 hours prior to class.

#### **WEATHER RELATED CLOSINGS:**

Adult Education classes are canceled whenever Arlington Public Schools close for inclement weather. Closings are announced on the Arlington Public Schools' website at www.apsva.us and local radio and TV stations.

You can also call the weather hotline at 866-322-4277. When an announcement is made that there is a morning school delay (not closing), all Arlington Adult Education classes will take place as regularly scheduled. If class is canceled, classes that meet once are rescheduled for the next week, when possible. Classes that meet more than once will meet at the next scheduled session and students will receive makeup information in class.

#### **Parking at Syphax Education** Center

Parking at the Syphax Education Center is located in the parking garage, adjacent to the building. There is also street metered parking which is discounted during that day and free after 6pm, also free on the weekends. For evening classes, exit the parking garage on the lower level. Bicycle racks are available. Staff and student parking located at B1 and B2.

**TEXTBOOKS**: Students are responsible for purchasing their own textbooks for class. You may want to confirm that your class will run, prior to buying your book.

#### MINIMUM AGE REQUIREMENTS FOR CLASS

The minimum age requirement for class is 18 years old, unless otherwise indicated.

In the case of our Youth Enrichment Program, classes may be grade specific, instead of age specific.

ATTENTION: Arlington Public Schools prohibits discrimination on the basis of race, religion, gender, sexual orientation, national origin, age, disability, pregnancy or marital status. This policy provides equal access to courses and programs, counseling services, physical education and athletics, vocational education, instructional materials and extra-curricular activities. Report violations of this policy to the Assistant Superintendent for Administrative Services, 703-228-6008, or the Assistant Superintendent for Personnel, 703-228-6110.

\*\* The Arlington Community Learning provides partial scholarships to Arlington residents who qualify, call for more information. \*\*\*

### **OFFICE HOURS:**

9am to 5pm Monday - Friday

### **HOLIDAYS AND CLOSINGS:**

No classes will be held on:

Aug 30 & Sep 3 - Labor Day

Oct 3 - Rosh Hashanah

Nov 1 - Diwali

Nov 11 - Veterans Day

Nov 27, 28 & 29 - Thanksgiving Break Dec 23 through Jan 3 - Winter Break

#### **Arlington Community Newsletter**

Be the first to know when our new catalog is coming out, when the new semester begins, when new classes are added, community concerts, special events and coupon codes.

Sign up by scanning here



or add this url into your browser: http://eepurl.com/daGLkv



Please fill out completely. Registration is complete upon processing of this

form. Indicate second

student on separate form. If mailing, make check/

money order payable to

Arlington Public Schools. Cut and mail with tuition to Arlington Community

2110 Washington Blvd.

#106, Arlington, VA 22204.

Confirmation will be sent.

only upon request. Report

to class unless otherwise

Learning

advised.







# Class Registration Form

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Local Address (street, city, state & zip)									D	Daytime Telephone					
Email:								E	Evening Telephone						
Credit Card Information								\$	Donation to JGMS (see website for details)						
Cardholder/Check Name (if other than student) Security Code										Total Charged					
М	Т	W	Γh	F	S	Time	Date	Course #	Name of Course	Name of Course				ユ	
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Arlington Community				:у	Tuition Date Pa		Charge Check	Intern			DISC	WER			

www.encorelearning.net

Arlington Public Schools Career, Technical, and Adult Education 2110 Washington Blvd. Arlington, Virginia 22204 Non-Profit U.S. Postage PAID Merrifield, VA Permit No. 1434

**ECRWSS** 

Postal Customer or Current Resident

We hired some wonderful new instructors the last time we asked for help. We thank the community for their support. We are always looking for good teachers... we know you are out there. If interested in teaching, email Raul Matos at raul.matos@apsva.us for more information. Please share other class ideas as well. Teachers are compensated.



Calligraphy
Mosaics
Stain Glass
Home Decor
Intermediate Excel
Youth Enrichment Classes
Import/Export Business
Get to Know DC Workshop
Improve Your Memory
Health & Nutrition
Photography Club

Cooking Classes
Baking and Pastries
Homemade Bread
Fall Gardening
Cryptocurrency
QuickBooks Online
Classical Drawing
Job Interviewing Skills
How to Buy a Car
Investing in Real Estate
Introduction to A.I.

Register online at www.apsva.us/acl



Sign up for our e-Newsletter and be the first to know about upcoming catalogs, new classes, discounts, concerts & more!



Tel: 703-228-7200